

SUNDAY APRIL 7, 2024



*new life*

*breaks out!*

*welcome*

lake harriet  
UNITED METHODIST CHURCH

Walking Together the  
Words and Ways of Jesus

# Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

## No matter who you are or where you are on life's journey, you are welcome here.

If you are young or old, you are welcome.

If you have brown skin, black skin, white skin, or any color of skin, you are welcome.

If you are married or single, you are welcome.

If you are gay, straight, transgender-whatever pronouns you use, you are welcome.

If you are sick or well, you are welcome.

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and you are welcome.

If you sing like a rock star or an opera singer, or you can not sing at all, you are welcome.

Whenever you arrived and however you came here, you are welcome.

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, you are welcome.

Come with your gifts, your pain, your hope, your fears.

Come with traditions that have helped you and hurt you.

Come with your experiences that have made you and broken you.

Come with a mind, ready to engage, and a heart, open to discern.

Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

## You are welcome here!

*Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary*



# Connect with Us



## Let Us Know You Are Here

Please register your attendance through the welcome pad.



## Enewsletter

Stay informed by subscribing to our enews and view the latest enews.



## Visit Us Online

Stay informed, register for ministry events, give online, and more.



## Prayer Requests

Let our staff pray for you and others in your life (prayers are confidential).



## Share your talents

The opportunities abound to help your community, find where you fit.



## WiFi

Access the church's WiFi with the password: LHUMCGuest.



## Hearing Enhancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.

# welcome to worship!

*Please note the following, the congregation reads/sings/prays the words in bold-faceprint and the ↑ symbol invites you to rise in body and/or spirit.*

## WELCOME

## ANNOUNCEMENTS

### ↑ CALL TO WORSHIP

One: In our doubt and in our deliberation,

**All: New life is breaking forth!**

One: In individuals and groups,

**All: New life is breaking forth!**

One: In places visible and places as yet unseen,

**All: New life is breaking forth!**

One: Holy Spirit, come among us and throughout creation.

**All: Help us to recognize new life and respond in love!**

### ↑ OPENING PRAYER

May we join together in prayer:

**God of breath and beauty, your presence too often seems hidden from us. Your movements elude our notice. We confess that we often don't know how to see or where to look. This day, as we worship, we welcome your presence in as yet unseen and unnoticed ways, ready to bring new life throughout creation.**

**Amen.**

↑ HYMN

Sing for God's Glory

1. Sing for God's glo - ry that col - ors the dawn of cre - a - tion,  
2. Sing for God's pow - er that shat - ters the chains that would bind us,  
3. Sing for God's jus - tice dis - turb - ing each ea - sy il - lu - sion,

rac - ing a - cross the sky, trail - ing bright clouds of e - la - tion;  
sear - ing the dark - ness of fear and des - pair that could blind us,  
tear - ing down ty - rants and put - ting our pride to con - fu - sion;

sun of de - light suc - ceeds the vel - vet of night,  
touch - ing our shame with love that will not lay blame,  
life - blood of right, re - sist - ing e - vil and slight,

warm - ing the earth's ex - ul - ta - tion.  
reach - ing out gent - ly to find us.  
of - fer - ing free - dom's trans - fu - sion.

SHARE A GREETING

RAINBOW CHAT

Ariel Johnson  
Director of CYF Ministries

**SONG**

Deep and Wide

Deep and wide, deep and wide,  
there's a fountain flowing deep and wide. (repeat)

**INVITATION TO GENEROSITY**



**OFFERING BOX**

is found in the back  
of the sanctuary



**GIVE ONLINE**

by visiting our website  
at lakeharrietumc.org



**SCAN THE QR CODE**

with your  
smartphone camera



**MAIL IN TO**

4901 Chowen Ave S  
Minneapolis, MN  
55410

**OFFERTORY**

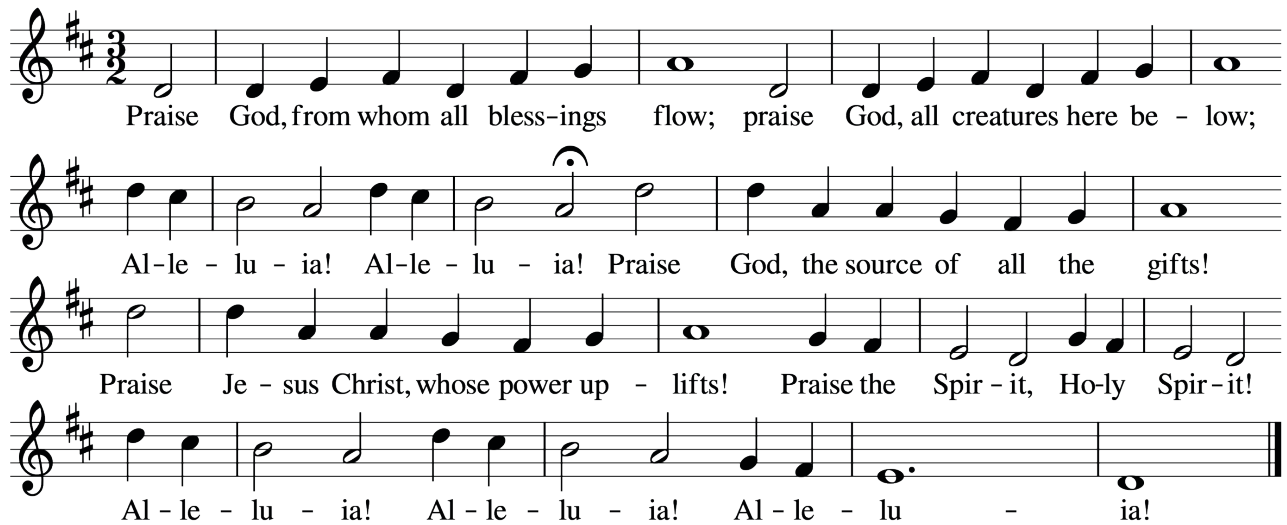
Jesus, Jesus

(Richard Bruxvoort Colligan)  
Children's Choirs

**↑ DOXOLOGY**

Praise God, from Whom All Blessings Flow

UMH 94



Praise God, from whom all blessings flow; praise God, all creatures here below;  
Al-le - lu - ia! Al-le - lu - ia! Praise God, the source of all the gifts!  
Praise Je - sus Christ, whose power up - lifts! Praise the Spir - it, Ho-ly Spir - it!  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**SCRIPTURE**

Luke 24: 13-35

(New Revised Standard Version  
Updated Edition)

Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the

one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women in our group astounded us. They were at the tomb early this morning, and when they did not find his body there they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said, but they did not see him.” Then he said to them, “Oh, how foolish you are and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?” Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, “Stay with us, because it is almost evening and the day is now nearly over.” So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him, and he vanished from their sight. They said to each other, “Were not our hearts burning within us, while he was talking to us on the road, while he was opening the scriptures to us?” That same hour they got up and returned to Jerusalem, and they found the eleven and their companions gathered together. They were saying, “The Lord has risen indeed, and he has appeared to Simon!” Then they told what had happened on the road and how he had been made known to them in the breaking of the bread.

**HYMN**

Breath on Me, Breath of God

The image shows a musical score for a hymn. It consists of two systems of music, each with a vocal line and a piano accompaniment line. The key signature is one flat (B-flat) and the time signature is 3/4. The lyrics are: "Breathe on me, Breath of God, fill me with life a - new That I may love the way you love, and do what you would do." The score includes various musical notations such as notes, rests, and bar lines.

**MESSAGE**

“New Life Breaks Out!”

Rev. Nancy Victorin-Vangerud

**COMMUNION**

## THE SACRAMENT OF THE LORD'S SUPPER

Pastor: God be with you!

**All: And also with you!**

Reader #1: Let's get excited about our great God!

**All: For God is good...**

Reader #2: All the time...

**All: All the time...**

Reader #1: God is Good.

Pastor: Let's pray: Yes, God, you are good. And it is you that we celebrate.

Reader #2: We thank you for all that you've done for us.

Reader #1: For being with us—all the time—to love us and show us how to really live.

Reader #2: For teaching us through Jesus how to love you and one another, in fact all creation!

Reader #1: For loving people even as Jesus faced rejection and death.

Reader #2: And for raising Jesus beyond death by your Spirit, three days later.

Pastor: We thank you for never giving up, for inviting us to share in your glory, as we join all the saints in singing...

**All: Beautiful, wonderful, holy God. Praise and honor to you and you alone.**

## SANCTUS

Ho - ly, ho - ly, ho - ly Lord; God of pow-er and might.  
Heav - en and earth are full of your glo - ry. Ho-  
san - na in the high - est! Ho - san - na in the high - est! Ho -  
san - na in the high - est! Blest is the one who comes  
in the name of the Lord. Ho - san - na in the high - est! Ho -  
san - na in the high - est! Ho - san - na in the high - est!

Pastor: Praise to you O God for your beloved Jesus—Savior, Leader and Friend—who on the night before he died, sat at table with his closest friends and shared a meal.

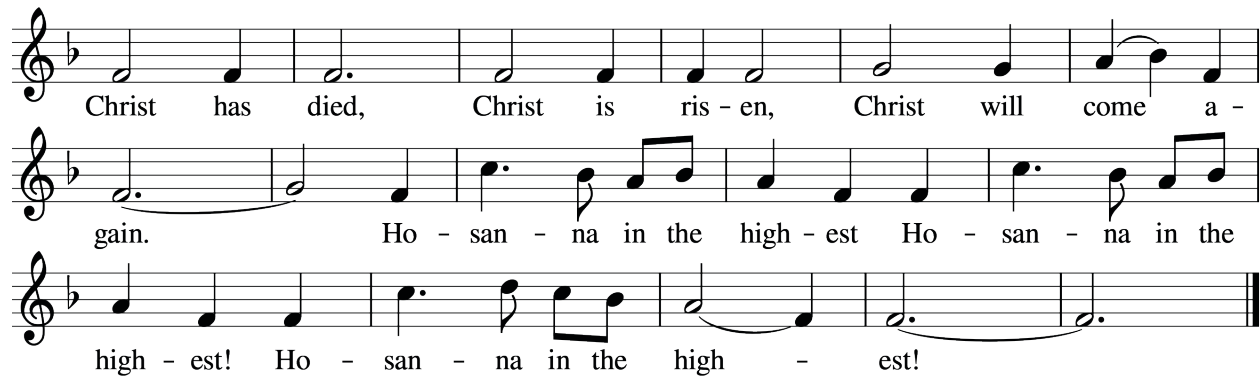
Reader #1: At that meal Jesus took some bread, broke it, gave it to his friends and said, "Take this and eat it. This is the bread of life, like my body, broken for you.



Reader #2: And when the meal was finished, Jesus took the cup and gave it to his friends and said, "Drink from this cup. All of you. This is the cup of the new covenant, in my blood, poured out for all of you for the forgiveness of our wrongs.

Pastor: And so in remembrance of Jesus' life, death and resurrection, we celebrate all that you've done, holy God, all you're doing, and our future together as we sing...

## MEMORIAL ACCLAMATION

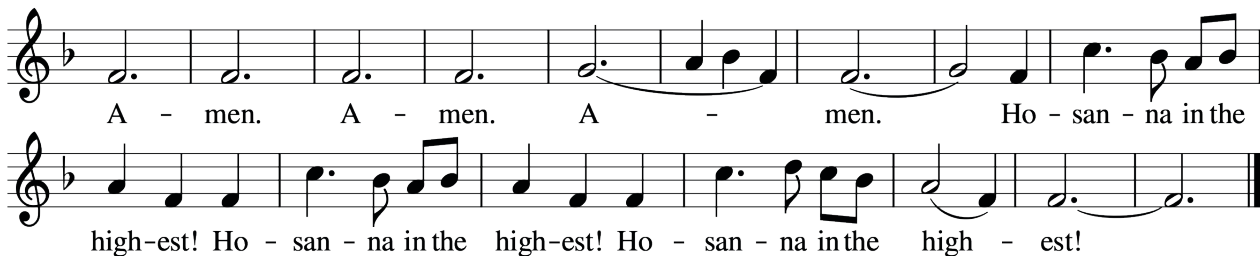


Christ has died, Christ is ris - en, Christ will come a -  
gain. Ho - san - na in the high - est Ho - san - na in the  
high - est! Ho - san - na in the high - est!

Pastor: God, pour out your Holy Spirit on this bread and cup, and on all of us here, that we might go out and love the world just as you loved us.

**All: Through Jesus Christ, our Lord. Amen!**

## AMEN



A - men. A - men. A - men. Ho - san - na in the  
high - est! Ho - san - na in the high - est! Ho - san - na in the high - est!

## THE LORD'S PRAYER (ECUMENICAL VERSION)

May we join in the prayer Jesus taught:

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on Earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power and the glory are yours now and forever. Amen.**

## COMMUNION MUSIC

O Thou Who This Mysterious Bread

Sanctuary Choir

*Tonghang* (Walking Together)

(Kyungmin Son)

\*Jooeun Kim, solo

(\*2023-24 Ruth and Marv Mandery Music Scholarship recipient)

↑ HYMN

Christ Has Risen



1. Christ has ris-en while earth slum-bers, Christ has ris - en where hope died,  
2. Christ has ris-en for the peo-ple whom he died to love and save;  
3. Christ has ris-en to com-pan-ion for-mer friends who fear the night,  
4. Christ has ris-en and for-ev-er lives to chal-lenge and to change



as he said and as he prom-ised, as we doubt-ed and de-nide.  
Christ has ris-en for the wom-en bring-ing flowers to grace his grave.  
sens-ing loss and lim-i-ta-tion where their faith had once burned bright.  
all whose lives are messed or man-gled, all who find re-li-gion strange.



Let the moon em-brace the bless-ing; let the sun sus-tain the cheer;  
Christ has ris-en for dis-ci-ples hud-dled in an up-stairs room.  
They be-moan what is no long-er, they ex-pect no hope-ful sign  
Christ is ris-en. Christ is pres-ent mak-ing us what he has been-



let the world con-firm the ru-mor: Christ is ris-en, God is here!  
He whose word in-spired cre-a-tion can't be si-lenced by the tomb.  
till Christ ends their con-ver-sa-tion, break-ing bread and shar-ing wine.  
ev-i-dence of trans-for-ma-tion in which God is known and seen.

↑ BLESSING

POSTLUDE

Good Christians All, Rejoice and Sing!

(arr. Jane Holstein)

# Worship Leaders

**Pastor:** Nancy Victorin-Vangerud

**Director of Music Ministries:** Jungjoo Park

**Director of Children, Youth, & Family Ministries:** Ariel Johnson

**Readers:** Edmonds family, Allison Baker, Tillie Johnson

**Musicians:** By Faith, GodsKids, Sanctuary Choir, Wee Chime & Sing

**Communion Prep and Servers:** Katie Schneider-Bryan, Mary Yee, Fulmer family

**Sound Technician:** Brian Richter

**Streaming:** Chris McPartland

**Slides:** Jane Weiers

**Greeters:** Andy Aoki, Jane Kammerman, Ken Larson

## Copyright Information

**Sing for God's Glory** Words: Kathy Galloway © 2003 Iona Community / WGRG (North America). Tune: LOBE DEN HERREN. All rights reserved. Reprint under ONE LICENSE #A-725516.

**Brother Jesus (Jesus, Jesus)** Words and Music: Richard Bruxvoort Colligan ©2004 Worldmaking.net. All rights reserved. Reprint under ONE LICENSE #A-725516.

**Praise God, from Whom All Blessings Flow** Words: Thomas Ken, adpt. by Gilbert H. Vieira. Tune: LASST UNS ERFREUEN, adapt. ©1989 United Methodist Publishing House. All rights reserved. Reprint under ONE LICENSE #A-725516.

**Breath on Me, Breath of God** Words: Edwin Hatch, 1878. Tune: TRENTHAM; Robert Jackson, 1888. Public Domain.

**O Thou Who This Mysterious Bread** Words: Charles Wesley, 1745. Tune: LAND OF REST; USA folk melody; harm. ©1989 The United Methodist Publishing House. All rights reserved. Reprint under ONE LICENSE #A-725516.

**Tonghang (Walking Together)** Words & Music © Kyungmin Son. Used with permission of the author.

**Christ Has Risen** Words: John Bell ©1988 Iona Community / WGRG (North America). Tune: HOLY MANNA, American folk hymn melody. All rights reserved. Reprint under ONE LICENSE #A-725516.

**Good Christians All, Rejoice and Sing** Music: GELOBT SEI GOTT; Melchoir Vulpius; arr. Jane Holstein ©2008 Hope Publishing Company. All rights reserved. Streaming/Podcasting with OneLicense #A-725516 license.

## SUNDAY TO SUNDAY

# This Week at Lake Harriet

### SUNDAY APRIL 7

- 9:30am In-person and Online All Ages Communion Worship
- 10:30am Town Hall Forum
- 10:45am Models of Christ ALSET Class - Fireside Room
- 11:00am Worship at the Waters with Children/Youth

### MONDAY APRIL 8

- 7:00pm Outreach Team Meeting

### TUESDAY APRIL 9

- 10:00am Knitting/Crafting Group - Commons
- 7:00pm Men's Forum - Wesley Room

### WEDNESDAY APRIL 10

- 5:15pm Family Dinner
- 5:30pm Prime Chimers (4th grade & up) - Bell Room
- 5:50pm Cherub Choir (K - 1st grade) - Godly Play Room
- 6:00pm WeeChime & Sing/GodsKids Choir - Sanctuary
- 6:30pm Youth Night - Youth Room
- 6:30pm Festival Bells Rehearsal - Bell Room
- 6:30pm Shout Band Rehearsal - Sanctuary
- 7:30pm Sanctuary Choir Rehearsal - Sanctuary

### SATURDAY APRIL 13

- 8:00am My Changing Self Retreat

### SUNDAY APRIL 14

- 9:30am In-person and Online Worship
- 10:30am Bible Black Belts - BBB Dojo Room
- 10:30am Godly Play - Godly Play Room
- 10:45am By Faith Choir Rehearsal - Sanctuary
- 10:45am Models of Christ ALSET Class - Fireside Room



APRIL 19-20

## Spring Retreat

**Registration Deadline extended to April 17!** Plenty of spaces available! Please join us for our Spring Retreat on April 19 - 20. This year's retreat will once again be held at Mount Olivet Retreat Center in Farmington. The theme is "Connecting in Hope." In these challenging times, it is easy to become overwhelmed. Come and get away for a time to relax, contemplate, enjoy nature, and connect with your church family.

Peter Watkins will be our retreat leader. He is a colleague of Susan Stabile, who has led the last two Spring Retreats. He comes highly recommended and has some wonderful activities planned for us.

This year we have an overnight option, but both days are standalone sessions, so if you can only make it Saturday, no problem! The Saturday session runs from 9am - 4pm.

Cost for overnight stay is \$100 per person for double occupancy and \$150 for single occupancy. All are private rooms. This includes Friday night dinner, Saturday breakfast and lunch. Saturday session is only \$25 and includes lunch. We are able to offer these reduced rates because of a generous grant from the Lily Foundation.



Please RSVP online, to register please scan the QR code or visit [bit.ly/2024-springretreat](https://bit.ly/2024-springretreat)



APRIL 24 7PM

## Youth FMSC Packing Event

Youth grades 6-12 are invited for a special service opportunity during youth night on Wednesday, April 24th at 7pm.

Contact Ariel Johnson at [ariel.johnson@lakeharrietumc.org](mailto:ariel.johnson@lakeharrietumc.org) to reserve a spot.



DEADLINE APRIL 15TH

## Purchase a Flower Box

### To support the Youth ASP Fundraiser

Our ASP youth will hand make your box as a way to start learning. We do ask that you pay ahead of time for your flower box using the link to the left.

In order to make sure each box is made with love and completed in a timely matter, we will be making a maximum of 35 boxes. **All orders are due by April 15th.** We will send you an email about a pick up date, but you can expect an early May pick up.

Thank you for continuing support!



To order, scan the QR code or visit [bit.ly/ASPFlowerBox](https://bit.ly/ASPFlowerBox)



### CYF UPCOMING EVENTS

## Vacation Bible Camp (VBC)

### STILL TIME TO REGISTER!

June 24th through 28th



#### CAMPER REGISTRATION

To register, scan the QR code or visit [bit.ly/cyf-ministries](https://bit.ly/cyf-ministries)



#### LEADER REGISTRATION (6 gr+)

To register, scan the QR code or visit [bit.ly/vbc-leader](https://bit.ly/vbc-leader)



### CYF UPCOMING EVENTS

## Theater Camp

Rehearsals: August 12th through 16th, 9am-4:30pm

Performance: Sunday, August 18th 9:30am

Still time to register!



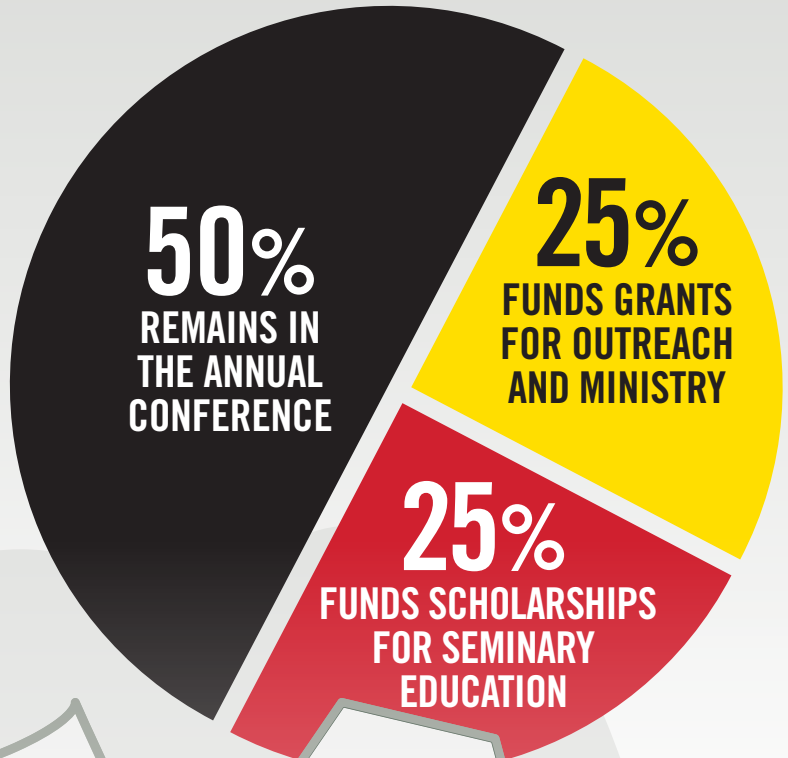
To register, scan the QR code or visit [bit.ly/theatercamp2024](https://bit.ly/theatercamp2024)

UNITED METHODIST  
**NATIVE AMERICAN MINISTRIES SUNDAY**

Sunday, April 14, 2024

# CELEBRATE

We celebrate to recognize and support Native Americans and their contributions to society and The United Methodist Church.



## SUPPORT

Donations support scholarships, leadership development and other vital ministries.



Open Hearts. Open Minds. Open Doors.

The people of The United Methodist Church®

---

## Connect with Staff

**Rev. Nancy Victorin-Vangerud** Pastor [nancy.victorin-vangerud@lakeharrietumc.org](mailto:nancy.victorin-vangerud@lakeharrietumc.org)

**Rev. Karen Bruins** Pastor [karen.bruins@lakeharrietumc.org](mailto:karen.bruins@lakeharrietumc.org) (on sabbatical leave April 1 - June 24)

**Søren Bijnagte** Business Administrator & Facilities Manager [soren.bijnagte@lakeharrietumc.org](mailto:soren.bijnagte@lakeharrietumc.org)

**Kay Halverson** Office Administrator [kay.halverson@lakeharrietumc.org](mailto:kay.halverson@lakeharrietumc.org)

**Thomas Johanson** Bell Choirs Director [thomas.johanson@lakeharrietumc.org](mailto:thomas.johanson@lakeharrietumc.org)

**Ariel Johnson** Dir. of CYF Ministries and Cherub Choir [ariel.johnson@lakeharrietumc.org](mailto:ariel.johnson@lakeharrietumc.org)

**Tami Zvolena** Communications [communications@lakeharrietumc.org](mailto:communications@lakeharrietumc.org)

**Elizabeth Melton** Volunteer Coordinator [Elizabeth.melton@lakeharrietumc.org](mailto:Elizabeth.melton@lakeharrietumc.org)

**Jungjoo Park** Director of Music Ministries [jungjoo.park@lakeharrietumc.org](mailto:jungjoo.park@lakeharrietumc.org)

**Andrea Wright** LHUM Preschool Director [awright@lakeharrietumpreschool.org](mailto:awright@lakeharrietumpreschool.org)

**Buffy Ess** LHUM Preschool Assistant Director [bess@lakeharrietumpreschool.org](mailto:bess@lakeharrietumpreschool.org)

## Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ocheti Sakowin (commonly Dakotah) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.



**Address** 4901 Chowen Avenue South, Minneapolis, MN 55410

**Office Hours** 9a–4p, Tuesday–Thursday

**Connect** 612.926.7645 | [church@lakeharrietumc.org](mailto:church@lakeharrietumc.org) | [lakeharrietumc.org](http://lakeharrietumc.org)