

7TH SUNDAY EASTERTIDE MAY 12



welcome

lake harriet
UNITED METHODIST CHURCH

Walking Together the
Words and Ways of Jesus

Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

No matter who you are or where you are on life's journey, you are welcome here.

If you are young or old, you are welcome.

If you have brown skin, black skin, white skin, or any color of skin, you are welcome.

If you are married or single, you are welcome.

If you are gay, straight, transgender-whatever pronouns you use, you are welcome.

If you are sick or well, you are welcome.

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and you are welcome.

If you sing like a rock star or an opera singer, or you can not sing at all, you are welcome.

Whenever you arrived and however you came here, you are welcome.

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, you are welcome.

Come with your gifts, your pain, your hope, your fears.

Come with traditions that have helped you and hurt you.

Come with your experiences that have made you and broken you.

Come with a mind, ready to engage, and a heart, open to discern.

Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

You are welcome here!

Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary



Connect with Us



Let Us Know You Are Here

Please register your attendance through the welcome pad.



Enewsletter

Stay informed by subscribing to our enews and view the latest enews.



Visit Us Online

Stay informed, register for ministry events, give online, and more.



Prayer Requests

Let our staff pray for you and others in your life (prayers are confidential).



Share your talents

The opportunities abound to help your community, find where you fit.



WiFi

Access the church's WiFi with the password: LHUMCGuest.



Hearing Enhancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.

welcome to worship!

Please note the following, the congregation reads/sings/prays the words in bold-faceprint and the ↑ symbol invites you to rise in body and/or spirit.

WELCOME

ANNOUNCEMENTS

PRELUDE

↑ CALL TO WORSHIP

How joyful it is when we gather to worship God!

God meets us where we are, the way we are.

God's love transforms our loneliness, calms our worry and fear.

We are invited to live with God, and God in us.

As Jesus felt deep joy with his friends and companions,

So God invites us into the joy of Jesus!

We can sing with joy, pray with joy, give with joy; and serve with joy.

May we open our hearts this day to joy, real deep-down joy!

Amen!

↑ OPENING PRAYER

An Advocate's Prayer, National Alliance on
Mental Illness (NAMI)

Please join me in prayer:

O God of Compassionate Understanding, we pray for Faith and Hope – for those who feel no one cares. We pray for Peace and Wholeness that broken lives and relationships might be mended. We pray for Healing — for children, youth, and adults living with mental illness, for better treatment, for steadier recovery, for greater opportunity to work and serve. Dispel our despair through a cup of cold water, an outstretched arm, a listening ear, a committed advocate.

We offer our Thanks – for new discoveries in medical research, for faithful caregivers, for dedicated mental health professionals and persistent researchers. Most of all, God of Steadfast Love, we thank you for your Love — that sustains the weary, defends the weak, brings beauty out of ashes, brings a song in the night, and inspires courage to hope, to watch, to work for a new and brighter Day. Amen

↑ SONG

God Has Made Me Glad/ Every Time

I will en - ter God's gates with thanks - giv-ing in my heart, I will
 en - ter God's courts with praise. I will say, "This is the day_ that the
 Lord has_ made." I will re-joyce, for God has made me glad._

Chorus
 God has made me glad,_ God has made me glad._ I
 will re-joyce, for God has made me glad._ God has made me glad,
Last time to Coda
 God has made me glad.. I will re-joyce, for God has made me glad..

1. , 2.
 I will Ev - 'ry time I feel the Spir - it mov - ing
 in my heart, I will pray. Yes, ev-'ry time I feel the Spir - it mov-ing

1. , 2. *D.S. al Coda*
 in my heart, I will pray. Ev - 'ry pray. (*Back to chorus*)

Coda
p I will re-joyce, for God has made me glad. *f* I
 will re-joyce, for God has made me glad.

SHARE A GREETING

SONG

Deep and Wide

SCRIPTURE

John 17:1, 6-13

(New Revised Standard Version
Updated Edition)

When Jesus said this, he raised his eyes to heaven and said, "Father, the hour has come...I revealed your name to those whom you gave me out of the world. They belonged to you, and you gave them to me, and they have kept your word. Now they know that everything you gave me is from you, because the words you gave to me I have given to them, and they accepted them and truly understood that I came from you, and they have believed that you sent me. I pray for them. I do not pray for the world but for the ones you have given me, because they are yours, and everything of mine is yours and everything of yours is mine, and I have been glorified in them.

And now I will no longer be in the world, but they are in the world, while I am coming to you. Abba, Father— keep them in your name that you have given me, so that they may be one just as we are. When I was with them I protected them in your name that you gave me, and I guarded them, and none of them was lost except the destructive one, in order that the scripture might be fulfilled. But now I am coming to you. I speak this in the world so that they may share my joy completely.

SONG

Jubilate Servite (Come, Rejoice in God)

① Ju - bi - la - te De - o om - nis ter - ra.
Come, re - joice in God; praise God* all the earth.

② ser - vi - te Do - mi - no in lae - ti - ti - a,
Serve your God, serve your God, glad - ly serve your God!

Al - le - lu - ia, al - le - lu - ia, in lae - ti - ti - a!
Hal - le - lu - jah, hal - le - lu - jah, glad - ly serve your God;

Al - le - lu - ia, al - le - lu - ia, in lae - ti - ti - a!
hal - le - lu - jah, hal - le - lu - jah, glad - ly serve your God!

INVITATION TO GENEROSITY

**OFFERING BOX**

is found in the back
of the sanctuary

**GIVE ONLINE**

by visiting our website
at lakeharrietumc.org

**SCAN THE QR CODE**

with your
smartphone camera

**MAIL IN TO**

4901 Chowen Ave S
Minneapolis, MN
55410

OFFERTORY

I Will Carry You

(Ben Glover & Ellie Holcomb)
Shout Band

CELEBRATING OUR RECONCILING CHURCH ANNIVERSARY—May 15, 2011

Reconciling Ministries Network

May we join together in joyful affirmation:

We celebrate God's gift of diversity and value the wholeness made possible in community equally shared and shepherded by all. We welcome and affirm people of every gender identity, gender expression, and sexual orientation, who are also of every age, race, ethnicity, physical and mental ability, level of education, and family structure, and of every economic, immigration, marital, and social status, and so much more. We acknowledge that we live in a world of profound social, economic, and political inequities. As followers of Jesus, we commit ourselves to the pursuit of justice and pledge to stand in solidarity with all who are marginalized and oppressed.

PASTORAL PRAYER

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

↑ SONG

For the Music of Creation

1. For the mu - sic of cre - a - tion, for the song your Spir - it sings,
 2. Psalms and sym - pho - nies ex - alt you, drum and trum - pet, string and reed,
 3. All the voic - es of the a - ges in tran - scen - dent cho - rus meet,

for your sound's di - vine ex - pres - sion, burst of joy in liv - ing things:
 sim - ple mel - o - dies ac - claim you, tunes that rise from deep - est need,
 wor - ship lift - ing up the sens - es, hands that praise and danc - ing feet;

God, our God, the world's com - pos - er, hear us, ech - oes of your voice.
 hymns of long - ing and be - long - ing, car - ols from a cheer - ful throat,
 o - ver dis - cord and di - vi - sion mu - sic speaks your joy and peace,

Mu - sic is your art, your glo - ry; let the hu - man heart re - joice!
 lilt of lul - la - by and love song catch - ing heav - en in a note.
 har - mo - ny of earth and heav - en, song of God that can - not cease!

↑ BLESSING

POSTLUDE

Worship Leaders

Pastor: Nancy Victorin-Vangerud

Director of Children, Youth, & Family Ministries: Ariel Johnson

Director of Music Ministries: Jungjoo Park

Bell Choir Director: Thomas Johanson

Musicians: Festival Bells, Shout Band

Liturgy Reader: Bill Konrardy

Scripture Reader: Becky Andreasen

Sound Technician: Chad Johnson

Streaming: Silja Bijnagte

Slides: Kimberly Boisvert

Greeters: Lorrie Sandelin, Jane Kammerman, Ken Larson

Hospitality: Norma Bayers

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SUNDAY TO SUNDAY

This Week at Lake Harriet

SUNDAY MAY 12

- 9:30am In-person and Online Worship
- 10:30am Godly Play (Ages 3 - 3rd Grade) - Godly Play Room
- 10:30am Bible Black Belts (4th & 5th Grade) - BBB Dojo Room

MONDAY MAY 13

- 7:00pm Outreach Team Mtg - Fireside Room

TUESDAY MAY 14

- 10:00am Knitting/Crafting Group - Commons
- 7:00pm Men's Forum - Wesley Room

WEDNESDAY MAY 15

- 6:30pm Youth Night - Youth Room
- 6:30pm Shout Band Rehearsal - Sanctuary
- 7:30pm Sanctuary Choir Rehearsal - Sanctuary

THURSDAY MAY 16

- 9:30am Groovy Grandparents - Fireside Room
- 4:00pm Joyce Foodshelf Board Mtg - Fireside Room

SUNDAY MAY 19

- 9:00am A Taste of Contemplation - Fireside Room
- 9:30am In-person and Online Worship - Pentecost
- 10:30am Men's Ensemble Practice-Sanctuary
- 10:30am Godly Play (Ages 3 - 3rd Grade) - Godly Play Room
- 10:30am Bible Black Belts (4th & 5th Grade) - BBB Dojo Room
- 10:30am Clothing Swap - Reception Room
- 10:45am ALSET Models of Christ Class - Fireside Room



MAY 19 10:30AM-1:00PM

2nd Annual Clothing Swap

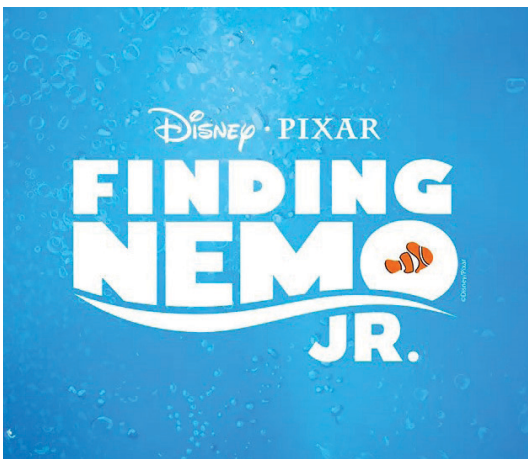
Come join us for a Clothing Swap! All unclaimed items will be donated at the end to our local thrift stores.

How It Works:

1. **Starting May 12** - Bring your gently used laundered clothes, shoes, and accessories you no longer want. Bring home any favorite pieces.
2. No item donation necessary to shop the swap. Take as much as you like.
3. **Undergarments, socks, and promotional t-shirts are NOT accepted.**
4. No items with rips, stains, faded, or stretched out. They must be ready to wear.
5. When you arrive, grab a hanger (or donate some hangers) and hang your clothes on the racks marked by size.

Why Swap?

- Over 17 million tons of used textile waste are generated annually in the United States.
- “Nearly 70 million barrels of oil are used each year to make the world’s polyester fiber, which is now the most commonly used fiber in our clothing. But it takes more than 200 years to decompose.” Forbes, 2015



JULY 11, 5TH GRADE AND UNDER

Finding Nemo, Jr. at Stages Theater

Join Kids Min for a day of theater fun! We'll meet at Lake Harriet UMC and travel over to Hopkins for lunch and a show.

Cost is \$25/person, for fifth graders and under. There is room for an adult chaperone.

To register, scan the QR code or visit bit.ly/findingnemo_kidsmin





SUNDAY MORNINGS ONCE A MONTH

Drop-in for Contemplation

Try out meditative practices once a month. These sessions are led by your fellow parishioners who have been part of the Contemplative Practices groups.

A Taste of Contemplation

- **May 19 - 9am** - Prayer Walk
Facilitator: Heather Sesma



YOUNG ADULTS AGED 22-32

YAC - Young Adults Connect

New at Lake Harriet UMC, YAC! AKA- Young Adults Connect, the perfect hangout for young adults aged 22-32! Meet new friends, work on networking, or just swing by to have a great time. Our recent bowling trip was a blast, and we're excited to keep the momentum going with our bi-monthly gatherings.

Next up: Grab your furry four-legged companion and join us at a local brewery (location TBD) for "Dogs and Brews"! We're aiming for May/June when the weather is sunny, warm and perfect for an outdoor get together.

Bummed you couldn't make it to our last hangout?

Keep on top of upcoming events through our website and weekly e-news drops. Dive in with us and mingle with fellow awesome adults!

Contact Ariel Johnson for more information,
ariel.johnson@lakeharrietumc.org



CYF UPCOMING EVENTS

Vacation Bible Camp (VBC)

STILL TIME TO REGISTER!

June 24th through 28th



CAMPER REGISTRATION

To register, scan the QR code or visit bit.ly/cyf-ministries



LEADER REGISTRATION (6 gr+)

To register, scan the QR code or visit bit.ly/vbc-leader



CYF UPCOMING EVENTS

Theater Camp

Rehearsals: August 12th through 16th, 9am-4:30pm

Performance: Sunday, August 18th 9:30am

Still time to register!



To register, scan the QR code or visit bit.ly/theatercamp2024



SUMMER FUN

Join All Men's Ensemble Summer Singing

Lake Harriet All Men's Ensemble is back for summer singing! The rehearsals are on Sundays May 19th, 26th and June 2nd after Sunday worship and Wednesday May 22nd from 7:30 to 8:15 pm. Then we'll sing for the worship service on Sunday, June 9th.

If you're interested, talk to Jungjoo, the music director, or email jungjoo.park@lakeharrietumc.org.



To register, scan the QR code
or visit bit.ly/umcvolunteer

VOLUNTEER OPPORTUNITIES

All Hands on Deck

Your time, your skills, your enthusiasm are all in need to help around Lake Harriet UMC. There is a lot going on this Spring and many hands are needed!

How Can You Help?

Here are some opportunities coming up:

- **Packing and Moving the Preschool:** [Sign up for a shift on Friday, Sat, or Sunday over Memorial Day Weekend, May 24, 25, 26.](#)
- **Grounds & Building Upkeep:** Spring is here, and our church grounds could use some TLC! From sprucing up the gardens to giving our building a fresh look, there's plenty to do.
- **Annual Church Picnic:** It's time to come together for some fun and fellowship! Join us for our annual church picnic, where we'll share delicious food, laughter, and wonderful memories. Your presence will make the day even brighter!
- **Shared Ministry:** Be a part of something special! Our ministry teams are like family, and we're always looking for new members to join. Whether you're passionate about adult learning, youth ministry, or outreach, there's a place for you here.

How to Get Involved:

Signing up is easy on our SignUp Genius site or scan the QR code to explore more ways to help. If you're unsure where to start or have any questions, don't hesitate to reach out to Mimi.

You can catch her in the commons, shoot her an email at elizabeth.melton@lakeharrietumc.org, or give her a call at 763.257.6755.

Connect with Staff

Rev. Nancy Victorin-Vangerud Guest Pastor nancy.victorin-vangerud@lakeharrietumc.org

Rev. Karen Bruins Pastor karen.bruins@lakeharrietumc.org (on sabbatical leave April 1 - June 24)

Søren Bijnagte Business Administrator & Facilities Manager soren.bijnagte@lakeharrietumc.org

Kay Halverson Office Administrator kay.halverson@lakeharrietumc.org

Thomas Johanson Bell Choirs Director thomas.johanson@lakeharrietumc.org

Ariel Johnson Dir. of CYF Ministries and Cherub Choir ariel.johnson@lakeharrietumc.org

Tami Zvolena Communications communications@lakeharrietumc.org

Elizabeth Melton Volunteer Coordinator Elizabeth.melton@lakeharrietumc.org

Jungjoo Park Director of Music Ministries jungjoo.park@lakeharrietumc.org

Andrea Wright LHUM Preschool Director awright@lakeharrietumpreschool.org

Buffy Ess LHUM Preschool Assistant Director bess@lakeharrietumpreschool.org

Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ojibwe (commonly Dakota) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.



Address 4901 Chowen Avenue South, Minneapolis, MN 55410

Office Hours 9a–4p, Tuesday–Thursday

Connect 612.926.7645 | church@lakeharrietumc.org | lakeharrietumc.org