

Walking Together the Words and Ways of Jesus

Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

No matter who you are or where you are on life's journey, you are welcome here.

If you are young or old, you are welcome.

If you have brown skin, black skin, white skin, or any color of skin, you are welcome.

If you are married or single, you are welcome.

If you are gay, straight, transgender-whatever pronouns you use, you are welcome.

If you are sick or well, you are welcome.

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and you are welcome.

If you sing like a rock star or an opera singer, or you can not sing at all, you are welcome.

Whenever you arrived and however you came here, you are welcome.

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, you are welcome.

Come with your gifts, your pain, your hope, your fears.

Come with traditions that have helped you and hurt you.

Come with your experiences that have made you and broken you.

Come with a mind, ready to engage, and a heart, open to discern.

Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

You are welcome here!

Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary



Connect with Us



Let Us Know You Are Here

Please register your attendance through the welcome pad.





Enewsletter

Stay informed by subscribing to our enews and view the latest enews.





Visit Us Online

Stay informed, register for ministry events, give online, and more.





Prayer Requests

Let our staff pray for you and others in your life (prayers are confidential).





Share your talents

The opportunities abound to help your community, find where you fit.





WiFi

Access the church's WiFi with the password: LHUMCGuest.



Hearing Enchancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.



Please note the following, the congregation reads/sings/prays the words in bold-faceprint and the \understand symbol invites you to rise in body and/or spirit.

WELCOME

ANNOUNCEMENTS

New Small Group for Lent "Contemplative Practices" Sherry Landrud & Heather Sesma

↑ CALL TO WORSHIP Transfiguration Sunday

One: Just a taste of something wonderful,

All: Only a glimpse of something magnificent,

One: Just a glimmer of something holy in something so ordinary.

All: Yet, enough to know we are in the presence of God,

One: Enough to cause us to stop and stare in awe,

All: Enough to stir our hearts in wonder,

One: Enough to set our feet to dancing

All: And to prompt our voices to protest and praise.

† HYMN Immortal, Invisible, God Only Wise UMH 103

SHARE A GREETING

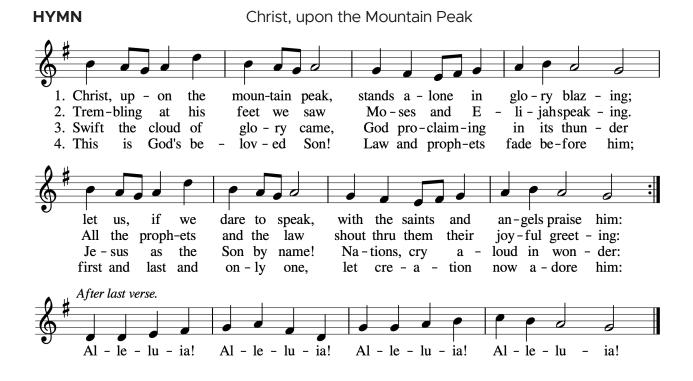
RAINBOW CHAT

Ariel Johnson

Director of Children, Youth, and Family Ministries

HYMN Jesus Loves Me UMH 191, verse 1

Jesus loves me! This I know, for the Bible tells me so. Little ones to him belong; they are weak, but he is strong. Yes, Jesus loves me! Yes, Jesus loves me! Yes, Jesus loves me! The Bible tells me so.



SCRIPTURE

Luke 9:28-36

New Revised Standard Version, Updated Edition

The Transfiguration

Now about eight days after these sayings Jesus took with him Peter and John and James and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking about his exodus, which he was about to fulfill in Jerusalem. Now Peter and his companions were weighed down with sleep, but as they awoke they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, "Master, it is good for us to be here; let us set up three tents: one for you, one for Moses, and one for Elijah," not realizing what he was saying. While he was saying this, a cloud came and overshadowed them, and they were terrified as they entered the cloud. Then from the cloud came a voice that said, "This is my Son, my Chosen; listen to him!" When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

2 Corinthians 3:17-4:2

New Revised Standard Version, Updated Edition

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another, for this comes from the Lord, the Spirit.

Treasure in Clay Jars

Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. We have renounced the shameful, underhanded ways; we refuse to practice cunning or to falsify God's word, but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

PRAYER OF PREPARATION

Psalm 19:14

One: May the words of my mouth...

All: and the meditations of our hearts be acceptable in your sight, O Lord, our Rock and our Redeemer. Amen.

MESSAGE "Jesus' Face" Rev. Karen Bruins

RESPONSIVE PRAYER

One: The blessing of God

All: Rests on our shoulders.

One: The love of God

All: Dwells in our hearts.
One: The Word of God

All: Inflames our speech.One: The compassion of God

All: Stirs us to care.One: The Word of GodAll: Compels us to sing.One: The mystery of GodAll: Leads us to worship.

SILENT PRAYER

THE LORD'S PRAYER

(Unison) Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

INVITATION TO GENEROSITY



of the sanctuary



GIVE ONLINEby visiting our website at lakeharrietumc.org



scan the QR code with your smartphone camera

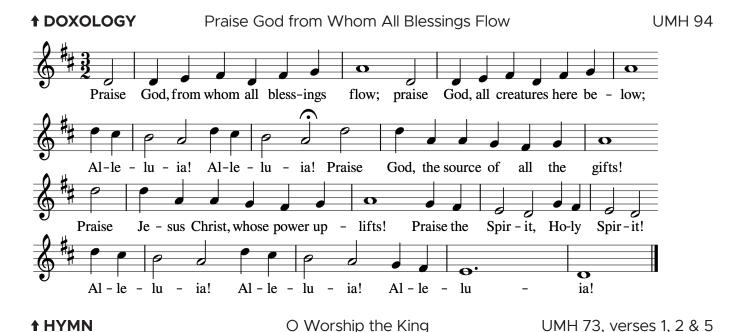


MAIL IN TO 4901 Chowen Ave S Minneapolis, MN 55410

OFFERTORY

Seek Ye First

(Lafferty/ Pachelbel/ Wagner) Festival Bells



† BLESSING

The good news of God's love is not just a message for the mountaintop. It is a glorious charge and a holy calling. As we leave this house of worship, may we be transfigured ourselves, radiant, refreshed for God's mission. Let us depart with fervent hope and renewed energy. Let our lives be witnesses to the gospel; let God's Spirit emanate from each of us!

POSTLUDE

Get on Board Little Children

(Spiritual; arr. André Thomas) Sanctuary Choir

The congregation is invited to be seated for the postlude.

Worship Leaders

Pastor: Rev. Karen Bruins

Director of Bell Choirs: Thomas Johanson

Director of Children, Youth, & Family Ministries: Ariel Johnson

Director of Music Ministries: Jungjoo Park

Musicians: Festival Bells; Prime Chimers; Sanctuary Choir; Umar Williams, percussion

Liturgy & Scripture Reader: Jennifer Widge

Sound Technician: Chad Johnson

Streaming: Michael Perry

Slides: Kari Cahn

Greeters: Kim & Mitch Grant, Jane Kammerman, Ken Larson

Hospitality: Norma Bayers

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SUNDAY TO SUNDAY

This Week at Lake Harriet

SUNDAY FEBRUARY 23

9:30am In Person and Online Worship

10:30am Godly Play (3yrs - 3rd Grade) - Godly Play Room 10:45am By Faith & Women's Chorus Rehearsal - Sanctuary

2:00pm Bible Black Belts - BBB Dojo Room

MONDAY FEBRUARY 24

7:00pm Black History Month Video Study - Zoom

TUESDAY FEBRUARY 25

10:00am Knitting(crafting) Group - Commons

7:00pm Leadership Council - Fireside Room

7:00pm Men's Forum - Wesley Room

WEDNESDAY FEBRUARY 26

5:15pm Family Dinner - Reception Room

5:45pm Prime Chimers (4th Grade & Up) - Bell Room

5:45pm Wee Chime & Sing(2nd & 3rd Grade) & Gods Kids Choir (4th & 5th Grade) - Sanctuary

5:50pm Cherub Choir (Pre K - 1st Grade) - Godly Play Room

6:30pm Youth Night - Youth Room

6:30pm Festival Bells Rehearsal - Bell Room

6:30pm Shout Band Rehearsal - Sanctuary

7:30pm Sanctuary Choir Rehearsal - Sanctuary

SUNDAY MARCH 2

9:30am All Ages Communion In Person and Online Worship - UWF Sunday

10:30am Horizon Hour (3yrs - 5rd Grade) - Godly Play Room

10:45am Mental Health First Aid - Reception Room

11:00am Science and Religion Book Study - Zoom

11:00am Worship at the Waters



SUNDAY MARCH 2 - LOVE IN ACTION

UWF Sunday-Women's Chorus

As part of the United Women in Faith Sunday Worship service, we are having a women's chorus that will sing a combined piece with our children's choir.

Rehearsals are on Sunday, February 16th and Sunday, February 23rd after worship for half an hour.

There will be one last rehearsal before service on Sunday, March 2nd. All women are invited to join us!





REGISTER

Please register for an accurate count of attendees: bit.ly/connection-groups

SUNDAYS, MARCH 9-APRIL 13, 10:40-11:30 AM

Lent Contemplative Practices Group

Facilitators Sherry Landrud and Heather Sesma

Come join us this Lent as we journey together towards the joy of Easter. Lent is a special time for reflection and getting ready for renewal.

Over six Sundays, we will gather after worship to explore different ways to connect with our faith through contemplative practices. No matter where you're at or how you're feeling this season, we offer a chance to slow down amidst the busyness of life and listen for God's voice. Everyone is welcome to participate as we learn and grow together.





Lenten Soup Suppers, to register please scan the QR code or visit

bit.ly/wednesday-suppers

LENT 2025 MAR 5 - APR 20

Full to the Brim

Our Lenten theme, Full to the Brim, is an invitation—into a radically different Lent, into a full life. It's an invitation to be authentically who you are, to counter scarcity and injustice at every turn, to pour out even more grace wherever it is needed. And so, this Lent, let us trust—fully—that we belong to God. Let us increase our capacity to receive and give grace. Let us discover the expansive life God dreams for us.

Ash Wednesday Service

Please join us for the beginning of Lent at worship on Mar. 5 at 6:30pm*. There will be a **Lenten Soup Supper** provided that night in place of the usual Wednesday night gatherings, from 5:15-6:15pm.

< Please RSVP online. All are welcome to join us.

*Please note the time difference, worship will start at 6:30pm. **EASTER SUNDAY:** There is an update to worship times, the morning time has been scheduled earlier at 9am to alleviate parking lot congestion between services. Second service will remain at 11am.



MARCH 6TH 7PM

UWF Book Club

Join us at 7pm on March 6, to discuss *The Small and the Mighty: 12 Unsung Americans who changed the course of history* by Sharon McMahon

You do not have to be an LHUMC UWF member to join us, you can even come if you haven't read the books! Contact Julie Konrardy at *juliekonrardy@gmail.com* for email updates.

*Nov-April the book club is meeting over Zoom.



We continue to accept donations as more families move in. Contact Emily at *egoldthwaite@beaconinterfaith.org* for more info.

BEACON INTERFAITH HOUSING

Emerson Village Donation Drive was a Success!

We have great news – the first families have moved into Emerson Village in North Minneapolis! Beacon and Project for Pride in Living thank you for your generous donations of household, personal care, baby items, gift cards and more for residents. Because of YOU every family who moves in will have the gift of needed items to set up their home.

We would like to ask you ONE more favor! If you donated items to the Emerson Village donation drive, please scan the QR code on the left and take 30 seconds to let us know so we may thank you personally and keep you updated on supportive housing like Emerson Village!

We hope to hear from as many people as possible who participated. You mean the world to us!



LAKE HARRIET PLAYERS PRESENT...

Mary Poppins

Lake Harriet Players invites you to Cherry Tree Lane for our spring production of Mary Poppins.

Shows will be held the weekends of **March 14-16 and 21-23** with performances at 7 pm on Fridays and Saturdays and 2 pm on Saturdays and Sundays.

Tickets are not required. All shows are free but donations will be accepted. A portion of our proceeds will be given to the LHUMC preschool!

ALSET February Offerings

Register on our connect page <u>lakeharrietumc.org/connect</u>, under the Adult Enrichment tab, click "Sign up for a Group or Class."

Black History Month at LHUMC

Share The Dream: Shining a Light in a Divided World Through Six Principles of Martin Luther King, Jr. – Video Study

Feb. 10 - Mar. 17, Drop in any week to discuss!

Mondays at 7:00 pm - Zoom only

Facilitator: Julie Konrardy

Share the Dream is a six-session video Bible study based on the life and teachings of Dr. Martin Luther King, Jr. You will look at six biblical principles that shaped Dr. King's life and motivated him to speak on behalf of African Americans in the Civil Rights Movement: love, conscience, freedom, justice, perseverance, and hope. You will watch the videos during class. No book or preparation required.

INITIATIVE FOR CONTEMPLATIVE DISCIPLESHIP ANNUAL MID-WINTER ALL-CONGREGATIONS RETREAT

Putting down the Bow: A traditional teaching and ritual of peacemaking

Saturday March 15, 2025

9 a.m.–2 p.m.

SPECIAL GUEST & KEYNOTE SPEAKER



ST. CATHERINE UNIVERSITY

Rauenhorst Ballroom, Coeur de Catherine In-person or online

Registration Link:

stkate.edu/spiritualityinpractice

D. Richard Wright will present the spiritual teachings of the Cree Nation on preparing our hearts for peacemaking. Richard will be assisted by Justina Grant in the presentation. Members of Gichitwaa Kateri Catholic Church will help lead us in conversation circles together. We will begin and end by sharing food — and with prayer.

If they wish, on-site participants will have a chance to visit the *Spirit Dolls Exhibition* in St. Kate's campus library at the end of our day. The exhibit is a collection of small dolls honoring the 215 unmarked graves of students recently found at the site of an Indian Residential School in Canada. The dolls have been crafted by people in the Twin Cities area as part of their own healing. They titled the exhibit *They Tried To Bury Us. They Did Not Know We Were Seeds*.

INITIATIVE FOR CONTEMPLATIVE DISCIPLESHIP

Contact Bill McDonough, grant coordinator, for more information: wcmcdonough@stkate.edu

stkate.edu/contemplativediscipleship



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Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ocheti Sakowin (commonly Dakotah) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.

