

Sunday, April 20
An Expansive Life
Easter Sunday

lake harriet
UNITED METHODIST CHURCH

Walking Together the
Words and Ways of Jesus

Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

No matter who you are or where you are on life's journey, you are welcome here.

If you are young or old, you are welcome.

If you have brown skin, black skin, white skin, or any color of skin, you are welcome.

If you are married or single, you are welcome.

If you are gay, straight, transgender-whatever pronouns you use, you are welcome.

If you are sick or well, you are welcome.

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and you are welcome.

If you sing like a rock star or an opera singer, or you can not sing at all, you are welcome.

Whenever you arrived and however you came here, you are welcome.

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, you are welcome.

Come with your gifts, your pain, your hope, your fears.

Come with traditions that have helped you and hurt you.

Come with your experiences that have made you and broken you.

Come with a mind, ready to engage, and a heart, open to discern.

Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

You are welcome here!

Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary



Connect with Us



Let Us Know You Are Here

Please register your attendance through the welcome pad.



Enewsletter

Stay informed by subscribing to our enews and view the latest enews.



Visit Us Online

Stay informed, register for ministry events, give online, and more.



Prayer Requests

Let our staff pray for you and others in your life (prayers are confidential).



Share your talents

The opportunities abound to help your community, find where you fit.



WiFi

Access the church's WiFi with the password: LHUMCGuest.



Hearing Enhancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.

welcome to worship!

Please note the following, the congregation reads/sings/prays the words in bold-faceprint and the ↑ symbol invites you to rise in body and/or spirit.

PRELUDE

Crown Him with Many Crowns (arr. Marvin & Zimmerman)
James Newcomb & Blake Peterson, trumpets

↑ CALL TO WORSHIP

One: This is the day that the Lord has made.

All: Let us rejoice and be glad in it!

One: This is the day of resurrection.

All: Let us rejoice and celebrate!

One: This is Easter Sunday.

All: Alleluia!

One: Christ is risen!

All: He is risen indeed.

1. Christ the Lord is risen to day, Al - le lu - ia!
 2. Love's re - deem - ing work is done, Al - le - lu - ia!
 3. Lives a - gain our glo - rious King, Al - le - lu - ia!
 4. Soar we now where Christ has led, Al - le - lu - ia!

Earth and heaven in cho - rus say, Al - le lu - ia!
 Fought the fight, the bat - tle won, Al - le - lu - ia!
 Where, O death, is now thy sting? Al - le - lu - ia!
 Fol - lowing our ex - alt - ed Head, Al - le - lu - ia!

Raise your joys and tri - umphs high, Al - le - lu - ia!
 Death in vain for - bids him rise, Al - le - lu - ia!
 Once he died our souls to save, Al - le lu ia!
 Made like him, like him we rise, Al - le - lu - ia!

Sing, ye heavens, and earth re - ply, Al - le - lu - ia!
 Christ has o - pened par - a - dise, Al - le - lu - ia!
 Where's thy vic - tory, boast - ing grave? Al - le - lu - ia!
 Ours the cross, the grave, the skies, Al - le - lu - ia!

WELCOME

ANNOUNCEMENTS

PASSING THE PEACE OF CHRIST - The message of peace is good news through Jesus Christ!

RAINBOW CHAT

Alan Husby

SONG

We Remember Love

We re-mem-ber Je - sus, we re-mem-ber love. Sav - ior and teach - er
sent from God a - bove. We re-mem-ber Je - sus, we re-mem-ber love.

SCRIPTURE

Luke 24:1-12

New Revised Standard Version
Updated Edition

The Resurrection of Jesus

But on the first day of the week, at early dawn, they went to the tomb, taking the spices that they had prepared. They found the stone rolled away from the tomb, but when they went in they did not find the body. While they were perplexed about this, suddenly two men in dazzling clothes stood beside them. The women were terrified and bowed their faces to the ground, but the men said to them, “Why do you look for the living among the dead? He is not here but has risen. Remember how he told you, while he was still in Galilee, that the Son of Man must be handed over to the hands of sinners and be crucified and on the third day rise again.” Then they remembered his words, and returning from the tomb they told all this to the eleven and to all the rest. Now it was Mary Magdalene, Joanna, Mary the mother of James, and the other women with them who told this to the apostles. But these words seemed to them an idle tale, and they did not believe them. But Peter got up and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; then he went home, amazed at what had happened.

ANTHEM

Is This a Day of New Beginnings?

(Carl Johengen)
Easter Choir & Easter Brass

MESSAGE

“An Expansive Life”

Rev. Karen Bruins

↑ AFFIRMATION OF FAITH

One: We believe in a God who can astound us—

**All: a God who created the mountains of Colorado,
the stars on a summer night, and the green of Ireland.**

One: We believe in Jesus, whose example changes us—

**All: an example of love for those on the fringes,
healing for the sick, and welcome for the lonely.**

One: We believe that Jesus was abandoned by his friends,
wounded, mocked, and killed by the state.

**All: And in a garden, three days later, we believe that life began again—
the stone was rolled back, as death lost its sting.**

One: Ever since that day, we believe the Spirit has been inviting us into an expansive life—

**All: A life not measured by wealth or accolades, but a life full to the brim with joy,
overflowing with laughter, saturated in hope, and decorated with good news.**

One: Death has lost its sting.

All: We believe, and are set free. Thanks be to God, Amen.

↑ THE LORD'S PRAYER

(Unison) **Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.**

SONG

Death Was Arrested

Shout Band

INVITATION TO GENEROSITY



OFFERING BOX

is found in the back
of the sanctuary



GIVE ONLINE

by visiting our website
at lakeharrietumc.org



SCAN THE QR CODE

with your
smartphone camera



MAIL IN TO

4901 Chowen Ave S
Minneapolis, MN
55410

OFFERTORY

Holy, Holy, Holy

(arr. Thomas Johanson)
Festival Bells

↑ DOXOLOGY

Praise God from Whom All Blessings Flow

UMH 94

Musical score for 'Praise God from Whom All Blessings Flow'. The score is written in treble clef with a key signature of two sharps (F# and C#) and a 3/2 time signature. It consists of four staves of music with lyrics underneath. The lyrics are: 'Praise God, from whom all blessings flow; praise God, all creatures here below; Al-le - lu - ia! Al-le - lu - ia! Praise God, the source of all the gifts! Praise Je - sus Christ, whose power up - lifts! Praise the Spir - it, Ho-ly Spir - it! Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!'.

↑ SONG

Hallelujah Chorus from *Messiah*

(G. F. Handel)

↑ EASTER BLESSING

One: We have heard the story.

Life triumphed over death.

Grief became joy.

Go now and tell the good news: Christ is risen!

All: He is risen indeed. Alleluia! Amen.

POSTLUDE

Toccatà from *Symphony No. 5*

(Charles-Marie Widor)

Worship Leaders

Pastor: Rev. Karen Bruins

Director of Music Ministries: Jungjoo Park

Director of Bell Choirs: Thomas Johanson

Musicians: Easter Choir, Festival Bells, Shout Band

Guest Musicians: Brass Ensemble (James Newcomb & Blake Peterson, Trumpets; Brian Richter & Chris Gerhardson, Trombones)

Sound Technician: Chad Johnson

Streaming: Michael Perry

Slides: Kim Boisvert, Kay Halverson

Scripture Reader: Bruce Anderson, Katie Schneider-Bryan

Greeters: Jane Kammerman, Ken Larson, Kim & Mitch Grant, Amanda, Aaron, Malati & Meena Niskode-Dossett

Hospitality: Norma Bayers, Kristin Linder-Brown

Sanctuary Decoration: Katie Schneider-Bryan

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SUNDAY TO SUNDAY

This Week at Lake Harriet

SUNDAY APRIL 20 - EASTER SUNDAY

9:00am In Person and Online Easter Worship
10:00am & 10:30am - Easter Egg Hunt - Courtyard
11:00am In Person Easter Worship

MONDAY APRIL 21

7:00pm Theater Board Meeting - Fireside Room

TUESDAY APRIL 22

10:00am Knitting(crafting) Group - Commons
7:00pm Men's Forum - Wesley Room
7:00pm Leadership Council - Fireside Room

WEDNESDAY APRIL 23

5:15pm Family Dinner - Reception Room
5:45pm Prime Chimers - Bell Room
5:45pm Children's Choirs - Sanctuary
6:30pm Festival Bells - Bell Room
6:30pm Youth Night - Youth Room
6:30pm Shout Band Rehearsal - Sanctuary
7:30pm Sanctuary Choir Rehearsal - Sanctuary

THURSDAY APRIL 24

10:00am Soul Reset Small Group - Fireside Room

FRIDAY APRIL 25

6:00pm Youth Lock-In - Good Samaritan UMC

SUNDAY APRIL 27

9:00am Parents, Babies, & Jams - Reception Room
9:30am In Person and Online Worship
10:30am Godly Play(3yrs - 3rd Grade) - Godly Play Room
10:45am By Faith Choir Rehearsal - Sanctuary
11:00am Science and Religion Book Study - Zoom
2:00pm Bible Black Belts (4th & 5th Grade)
5:30pm Unleavened Bread Group - Fireside Room



APRIL 27 5:30PM

Unleavened Bread - UPDATE

In this group, you'll take some time each day to read the Bible and then write down your thoughts after in a journal. The group will gather once a month to share your thoughts with others. Newcomers are welcome.

Our next gathering with a soup dinner is Sunday, **April 27th** 5:30pm at the Fireside Room.

Questions? Talk to or email Jungjoo at jungjoo.park@lakeharrietumc.org.

Learning Session
Immigration Law
April 27 at 10:30am

SUNDAY, APRIL 27 10:30 AM

Learning Session: Immigration Law

Ever wondered what the difference is between “asylum seeker”, “Immigrant”, and “Refugee”?

Retired Judge Joseph Dierkes of the Executive Office for Immigration Review - U.S. Immigration Court will give us an overview of immigration law and how it works.

- Ever wondered what the difference is between “asylum seeker”, “Immigrant”, and “Refugee”?
- How long does it take to become a U.S. Citizen?
- Can asylum seekers work?
- Do they qualify for benefits like S.N.A.P.?
- How can we, as people of faith, become involved with the process?



Submit your questions by scanning the QR code or going online: bit.ly/immigration-law-question



APRIL 27 8AM-1PM

All-you-can-eat Breakfast

Benefiting the Joyce Uptown Food Shelf (JUFS) at Lake Harriet Masonic Lodge 4519 France Ave S

Join us for an all-you-can-eat breakfast serving! Joyce Uptown Foodshelf will receive \$8 from every \$10 adult ticket purchased and for every \$5 child ticket, Joyce Uptown Foodshelf will receive \$5!

In 2024 THIS CHARITABLE BREAKFAST FUNDRAISER RAISED \$4,756 FOR THE FOODSHELF! LET'S SEE IF WE CAN EXCEED THAT AMOUNT THIS YEAR.

Longtime LHUMC member Bob Bayers will be available to discuss the event on April 20th in the lobby, but will not have tickets to purchase that day.

For more information, contact Bob by email at bobmpls@gmail.com. Please indicate at the breakfast that you intend to support the Joyce Uptown Foodshelf.



SUNDAY MAY 4

Special Noisy Offering

On Sunday, May 4, we are having a special “Noisy Offering”. The children will be collecting coins in tin buckets to benefit the Joyce Uptown Food Shelf. Make our containers jingle and rattle by donating your spare change. Let’s see how noisy we can get- the noisier the better! A little light on change? No worries, the “silent” money of paper bills will be gladly accepted.

Let’s lend our support and make some noise!



AMAZING!

Sandwiches for the Dignity Center

The Outreach Team would like to thank all of the sandwich makers who helped on Palm Sunday! Helpers made 220 sandwiches in a record 20 minutes! Those turkey and cheese sandwiches were delivered to The Dignity Center on Monday morning! It was a fun intergenerational service project to do together.

Thank you all for helping!

UPCOMING SERMON SERIES

Soul Reset

April 27th a new sermon series begins called “Soul Reset – breakdown, breakthrough, and the journey to wellness”. This series is for anyone who moves at breakneck speed through their daily lives, often relying only on their own strength to bring God’s kingdom on earth. Jesus shows us a different way—an easier, unforced rhythm of what kingdom living looks like. It’s a balance of work, rest, play, worship, exercise, and eating well—spiritual practices that keep our souls hydrated and healthy as we do the work of the church in the world.

- **April 27** – *How is it with your soul?*
Matthew 11:28-30, Psalm 23
- **May 4** – *Feel the Feelings* – Psalm 42.
Communion Sunday
- **May 11** – *It’s Not All On Me* – Luke 10:38-42
- **May 18** – **Guest Preacher** Angela Denker, author of “Disciples of White Jesus – the Radicalization of American Boyhood”. Today we recognize the graduating seniors.
 - Join us at 10:30am for conversation with Angela facilitated by LHUMC member and journalist Lindsey Seavert
- **May 25** – *Take Care of Yourself* – Matthew 11:28-30, 1 Kings 19:5-9

Series Small Groups

There are two small groups planned for the Soul Reset series.

- Monday nights at 7pm **via Zoom, April 28-May 26**, facilitated by Julie Konrardy.
- Thursday mornings at 10am **in person, April 24-May 22nd**, facilitated by Pastor Karen Bruins.



REGISTER

Please register for either group, by scanning the QR code, or visiting lakeharrietumc.org/connect, under the Adult Enrichment tab click on “Sign up for a Group or Class”

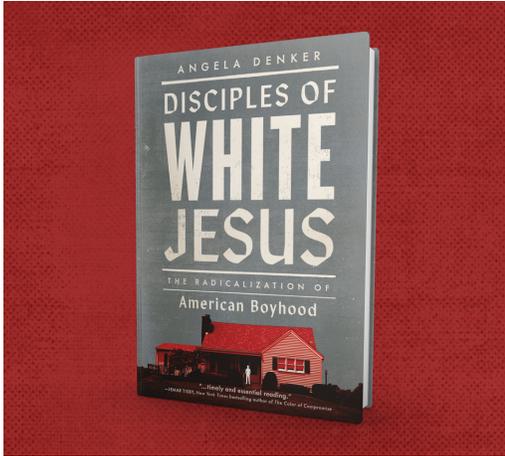
BOOK CLUB

MAY 1ST 7PM

UWF Book Club - May Book Selection Update

May 1: *Disciples of White Jesus: The Radicalization of American Boyhood* by Angela Denker

**Original book selections have been pushed back by one month. Visit lakeharrietumc.org/connect to see an updated schedule under the Adult Enrichment or UWF Tabs,*



Lake Harriet UMC is excited to welcome Angela Denker on **May 18, at 10:30am** after worship, to discuss her book, *Disciples of White Jesus: The Radicalization of American Boyhood*.

From the press release:

*In *Disciples of White Jesus: The Radicalization of American Boyhood* (released on March 25), Angela Denker offers a comprehensive look at the rise in radicalization among young white men in America, especially focused on the role of right-wing Christianity in the increase of religious-based hatred and violence. Denker goes deep into the online rabbit holes of right-wing Christian influencers and conservative Christian ideology to understand how the preaching of “traditional gender roles” and “submission of women” has led to anger, outrage, loneliness, depression, and limiting identities for young white Christian men across America.*

Check the April 17 eNews from Lake Harriet UMC for the full press release. Look for more information to come.

You do not have to be an LHUMC UWF member to join us, you can even come if you haven't read the books!

Contact Julie Konrardy at juliekonrardy@gmail.com for email updates.

Flute Choir Concert for Joyce Uptown Foodshelf



Join us for a concert in support of Joyce Uptown Foodshelf. Twin Cities based FluteSpiration Quartet will be joined by 20 local flutists to create one big choir featuring the entire flute family – from the small piccolo to the giant contrabass flute! It will be a casual and fun event for all.

Attendance is free but donations are encouraged. All donations will support Joyce Uptown Foodshelf and their ability to feed families in need, with respect and dignity.

Sunday, May 4 @ 3pm

Lake Harriet United Methodist Church

4901 Chowen Ave S, Minneapolis

Connect with Staff

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Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ocheti Sakowin (commonly Dakotah) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.



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