



Words and Ways of Jesus

# Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

# No matter who you are or where you are on life's journey, you are welcome here.

If you are young or old, you are welcome.

If you have brown skin, black skin, white skin, or any color of skin, you are welcome.

If you are married or single, you are welcome.

If you are gay, straight, transgender-whatever pronouns you use, you are welcome.

If you are sick or well, you are welcome.

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and you are welcome.

If you sing like a rock star or an opera singer, or you can not sing at all, you are welcome.

Whenever you arrived and however you came here, you are welcome.

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, you are welcome.

Come with your gifts, your pain, your hope, your fears.

Come with traditions that have helped you and hurt you.

Come with your experiences that have made you and broken you.

Come with a mind, ready to engage, and a heart, open to discern.

Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

### You are welcome here!

Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary



## Connect with Us



### Let Us Know You Are Here

Please register your attendance through the welcome pad.





#### **Enewsletter**

Stay informed by subscribing to our enews and view the latest enews.





### Visit Us Online

Stay informed, register for ministry events, give online, and more.





### **Prayer Requests**

Let our staff pray for you and others in your life (prayers are confidential).





### Share your talents

The opportunities abound to help your community, find where you fit.





#### WiFi

Access the church's WiFi with the password: LHUMCGuest.



### Hearing Enchancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.



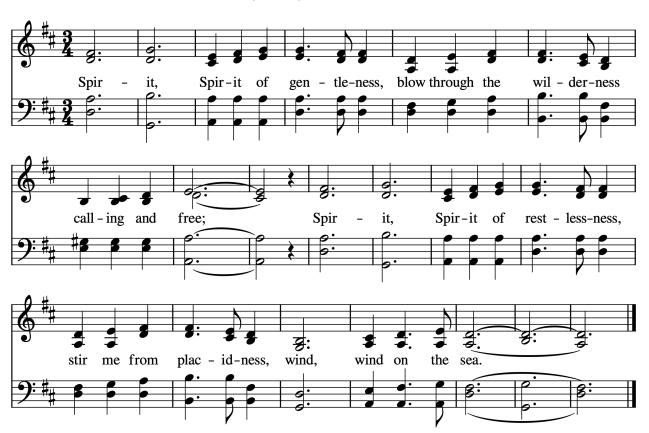
Please note the following, the congregation reads/sings/prays the words in bold-faceprint and the \understand symbol invites you to rise in body and/or spirit.

#### **WELCOME**

#### **ANNOUNCEMENTS**

#### **CENTERING SONG**

Spirit, Spirit of Gentleness



One: God knows us better than anyone and loves us more deeply than we can fathom. Even when we become less than God created us to be, God continues to love us and have faith in us. Please rise in body or in spirit for the Call to Worship.

#### **† CALL TO WORSHIP**

One: Did you hear the whisper of God calling us to worship?

All: God, help us listen as you call.

One: Do you sense the beautiful people God is creating us to become?

All: God, help us to see your image within. One: Are we ready to listen, learn and grow?

All: God, open our hearts and minds to your love and to your guidance.

**† HYMN** 

When Morning Gilds the Skies

**UMH 185** 

#### **SHARE A GREETING**

RAINBOW CHAT Kelsey Speaks

**SONG** 

Alleluia, Alleluia

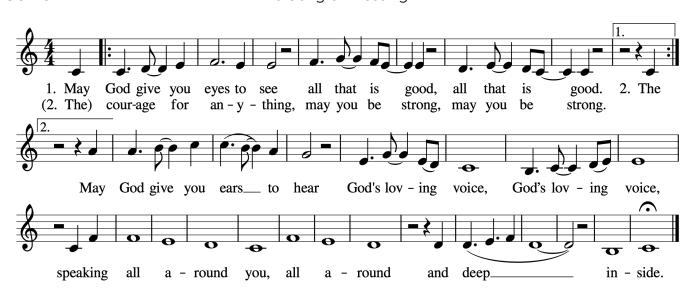


#### RECOGNITION AND CELEBRATION OF ORDINATION

Rev. Kate Froelich

#### **SONG**

The Song of Blessing



Where could I go to get away from your spirit?

Where could I go to escape your presence?

If I went up to heaven, you would be there.

If I went down to the grave, you would be there too!

If I could fly on the wings of dawn,

**SCRIPTURE** 

stopping to rest only on the far side of the ocean—

even there your hand would guide me;

even there your strong hand would hold me tight!

If I said, "The darkness will definitely hide me;

the light will become night around me,"

even then the darkness isn't too dark for you!

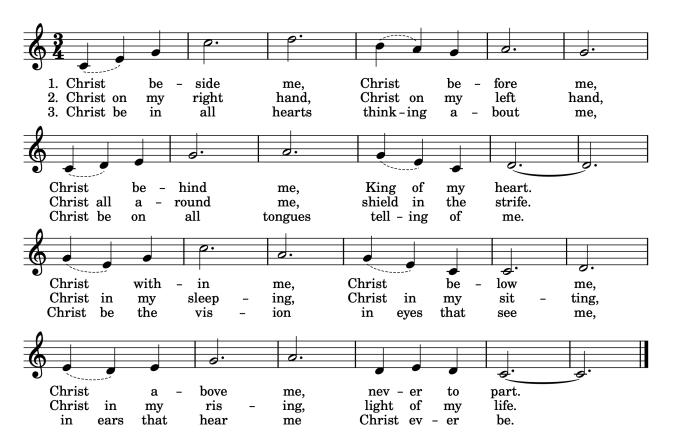
Nighttime would shine bright as day,

because darkness is the same as light to you!

One: The Word of God for the people of God.

#### All: Thanks be to God!

#### **HYMN** Christ Beside Me



**MESSAGE** 

Moments That Take Your Breath Away "When God Meets Us at Every Corner"

Rev. Karen Bruins

#### **PASTORAL PRAYER**

#### THE LORD'S PRAYER

(Unison) Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

#### INVITATION TO GENEROSITY



OFFERING BOX is found in the back of the sanctuary



**GIVE ONLINE**by visiting our website at lakeharrietumc.org



scan the QR code with your smartphone camera



MAIL IN TO 4901 Chowen Ave S Minneapolis, MN 55410

**OFFERTORY** 

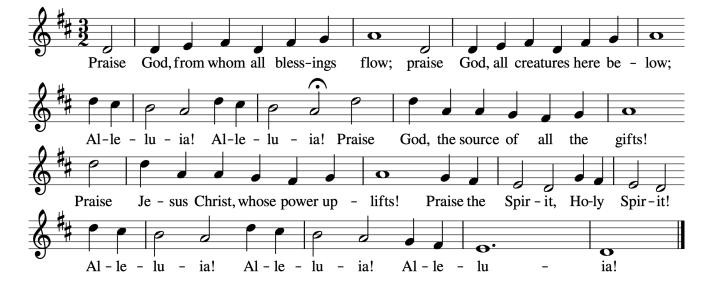
Search Me O God

(Leigh Newton) Solo

† DOXOLOGY

Praise God from Whom All Blessings Flow

**UMH 94** 



**† HYMN** 

Forth in Thy Name, O Lord

**UMH 438** 

#### **† BLESSING**

One: May the Spirit's power give us courage.

May Christ's love give us compassion.

And may God's image shine through us,

as we carry a cross of light and love for all to see.

All: Amen.

**POSTLUDE** Prelude in C (J. S. Bach)

## Worship Leaders

Pastor: Rev. Karen Bruins

Director of Music Ministries: Jungjoo Park

Musicians: Sanctuary Choir Ensemble

Sound Technician: Dave Bruins

**Streaming:** Michael Perry **Slides:** Ginger Mateer

Scripture Reader: Mary Yee

Greeters: Martha & Jim Glass, Jane Kammerman, Ken Larson

**Hospitality:** Norma Bayers

Table Art: Chris Kliesen Wehrman

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**Alleluia, Alleluia** Words and Music: Donald Fishel ©1973 International Liturgy Publications. All rights reserved. Reprint under ONE LICENSE #A-725516.

**Christ Beside Me** Words: St. Patrick's Breastplate (8th cent. or later); adapt. by James Quinn. Music: BUNESSAN, trad. Gaelic melody. ©1969 OCP. All rights reserved. Reprint under ONE LICENSE #A-725516.

**Search Me O God** Words: Leigh Newton based on Psalm 139. Music: Leigh Newton based on Ludwig van Beethoven (Sonata Pathétique, 2nd mvt.) © 1993 Leigh Newton. Used with permission of the author.

**Praise God, from Whom All Blessings Flow** Words: Thomas Ken, adpt. by Gilbert H. Vieira. Music: LASST UNS ERFREUEN, adapt. ©1989 United Methodist Publishing House. All rights reserved. Reprint under ONE LICENSE #A-725516.

#### **SUNDAY TO SUNDAY**

### This Week at Lake Harriet

#### **SUNDAY JUNE 22**

9:30am In Person and Online Worship

11:00am VBC Orientation and Set Up - Reception Room

4:00pm All Youth Aurora Game - Meet at church at 3pm to carpool

#### **MONDAY JUNE 23**

9:00am Vacation Bible Camp

#### **TUESDAY JUNE 24**

9:00am Vacation Bible Camp

10:00am Knitting(crafting) Group - Commons7:00pm Leadership Council - Fireside Room

7:00pm Men's Forum - Wesley Room

#### **WEDNESDAY JUNE 25**

9:00am Vacation Bible Camp

#### **THURSDAY JUNE 26**

9:00am Vacation Bible Camp

#### **FRIDAY JUNE 27**

9:00am Vacation Bible Camp

7:00pm Movie "Sally Ride" - Sanctuary

#### **SATURDAY JUNE 28**

9:00am Bandshell Rehearsal - Sanctuary

#### **SUNDAY JUNE 29**

9:30am Pre-recorded online Worship10:00am Worship at the Bandshell

5:30pm Unleavened Bread Group - Fireside Room





Worship Every Sunday 10AM Lake Harriet Bandshell

#### **SUN JUN 29 AT 10 AM**

# Bandshell Worship

Sunday, June 29 is Lake Harriet UMC's turn to lead worship at the Lake Harriet Bandshell. Please join us at 10am in the great outdoors!

No livestream will be available for this worship, but there will be a pre-recorded sermon available at 9:30am on the website, for those who are unable to attend the bandshell service.



#### **NEW APPAREL**

# New Shirt Design

Lake Harriet UMC has a new t-shirt design with multiple colors to choose from in both adult and youth sizes. These shirts are a great way to express your connection to our community with a meaningful representation of our shared values.

Embrace the spirit of togetherness, and consider purchasing one for yourself and/or children!

Order by scanning the QR code or visiting: **bit.ly/Lhtshirtshop** 





#### **JUNE 29 - JULY 27**

# God Goes to Broadway

Each summer at Lake Harriet UMC we have a worship series called, "God Goes to Broadway". We look at new musicals that are coming to the Twin Cities, and some old favorites. Musicals often have spiritual themes, and ask questions about life, relationships, purpose and meaning. Come sing along!

- June 29 (at the Lake Harriet bandshell) "A Beautiful Noise: The Neil Diamond Story"
- July 6 "The Hunchback of Notre Dame"
- July 13 This week we'll set aside the Broadway theme, to welcome our new Associate Pastor Beatrice Mungania. Pastor Bea will be the preacher.
- July 20 "Into the Woods"
- July 27 "Kimberly Akimbo"





#### UNITED WOMEN IN FAITH

# Garden Party and Afternoon Tea

All Lake Harriet Women are invited to the Thirteenth Annual UMW Women's Garden Party and Afternoon Tea!

**When:** Tuesday July 8, 2025, anytime between 4-7pm \*\* Alternate weather date will be Tues. July 15, 4-7pm.

**Where:** Mimi Melton and John Babbs Home 7320 Fremont Ave S. Richfield MN

Women of all ages and life stages are warmly invited to attend. Come relax, connect, and enjoy meaningful time with familiar faces and new ones you'd love to get to know. Children are most welcome (although childcare is not available).

There will be traditional tea treats, sweets, beverages, fascinating people and Mimi's beautiful deck. RSVP's are welcome but not required. (RSVP's help us plan for enough food). Please RSVP by July 5 on Sunday mornings at the sign-up table or contact Lorrie Sandelin at Sandelin.lorrie@gmail.com or 612-508-5503.





#### REGISTRATION

To register, scan the QR code with your smartphone or tablet or visit bit.ly/beaconinterfaith\_events

#### Please join us!

Date: July 1, 2025

**Time:** 6:30 pm-7:30 pm

**Location:** Fellowship Missionary Baptist Church, 3333 N 4th St,

Minneapolis, MN 55412

#### BEACON INTERFAITH HOUSING COLLABORATIVE

# Defend Federal Funding

#### Beacon Event Tuesday, July 1st, 6:30 to 7:30pm.

Stable, supportive homes are the foundation for so much in life. If people can't pay their rent and have no place to lay their heads at night, it can snowball into multiple intersecting struggles. Recovering from the experience of homelessness and housing instability is an uphill battle for families and children. It hurts us all. And when millions of people can't pay their rent, it creates an unimaginable community crisis.

Currently, only one in four people who qualify for a federal voucher get one. It is unthinkable, then, that the federal government would dramatically cut the program instead of growing it to meet the need.

331 households at Beacon buildings rely on federal housing vouchers. These proposed cuts put youth, individuals, and families at Beacon buildings across the metro at risk of losing the stability they've gained.

The President's proposed budget cuts the Federal Section 8 Housing Voucher program by \$26.7 billion. If this cut is realized, it is estimated that 3.8 million individuals' and families' lives will be thrown into chaos. Housing providers like Beacon, which depend on the program to keep residents stably housed, would be decimated.

Beacon is hosting an event on July 1st to help us understand the direct impact these cuts could have in our area, on Beacon developments and for the residents of supportive housing. These events will focus on the federal government's role in making supportive and affordable housing possible.

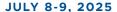




#### REGISTRATION

To register, scan the QR code with your smartphone or tablet or visit the 4th&5th Grade tab on our Children, Youth and Ministry webpage

lakeharrietumc.org/children-youth-and-family-ministries



### 31

Two days of Fun, Fellowship and Service **Who:** Youth entering grades 5-8 in the fall

Where: Lake Harriet UMC When: July 8-9, 2025

- July 8th arrive at 9:00 am.
   Parent pickup at 9:00 pm
- July 9th arrive at 9:00 am.
   Parent pickup at 4:00 pm

What: 3I - Living into our Lake Harriet UMC values of #Inclusive, #Intergenerational and #In Community. We will be helping some seniors from the congregation with chores, baking treats and making visits to others, playing mini-golf with the youth group, playing games and more. The middle schoolers said they wanted to learn to knit or crochet, so the church knitting group will be teaching a two-hour session on Tuesday morning. Snacks and pizza for Tuesday supper provided. Please bring your own lunch for Tuesday and Wednesday.

**Cost:** \$20

**Questions:** Pastor Karen Bruins

karen.bruins@lakeharrietumc.org or (612) 926-7645.



#### SECOND SUNDAY OF THE MONTH

# neuroCONvergence Group

#### **Next Meeting July 13!**

Each month our group for neurodivergent people, partners, and families meets to joyfully weave an intergenerational web of experience as we navigate a neurotypical world together.

Neurodivergent people self-identify as having a brain that works in a way different from common societal expectations, such as ADD or autism spectrum. A formal diagnosis from a doctor is not required to join us. If you or your person would like more support, then you are welcome!

If you have questions, please contact Kelsey by email Kelsey.Speaks.SLP@gmail.com



#### PRESENTED BY THE ADULT LEARNING AND SPIRITUAL ENRICHMENT TEAM

# Church Summer Movie Nights

#### You're Invited!

Join us this summer for a special series of movie nights filled with fun, fellowship, and thoughtprovoking films. Each evening includes time to connect with friends, enjoy light refreshments, and explore meaningful themes through film. All are welcome—bring a friend or two!

#### Summer Schedule:

#### June 27 – Sally: The Sally Ride Documentary

Sally Ride became the first American woman to blast off into space, but beneath her unflappable composure, she carried a secret. Revealing the romance and sacrifices of their 27 years together, Sally's life partner, Tam O'Shaughnessy, tells the full story of this complicated and iconic astronaut for the first time. 6:30 PM – Doors Open 7:00 PM – Movie Starts

#### July 18 - Paddington 2 - Rated G

Settled in with the Brown family, Paddington the bear is a popular member of the community who spreads joy and marmalade wherever he goes. One fine day, he spots a pop-up book in an antique shop -- the perfect present for his beloved aunt's 100th birthday. When a thief steals the prized book, Paddington embarks on an epic quest to unmask the culprit before Aunt Lucy's big celebration. 5:30 PM - Doors Open 5:45 PM - Movie Starts

#### August 15 - God and Country Documentary - Rated PG-13

Looks at the implications of Christian Nationalism and how it distorts not only the constitutional republic, but Christianity itself. Featuring prominent Christian thought leaders, GOD & COUNTRY asks this question: What happens when a faith built on love, sacrifice, and forgiveness grows political tentacles, conflating power, money, and belief into hyper-nationalism? 6:30 PM – Doors Open 7:00 PM – Movie Starts

Each evening may include a brief discussion following the film. We can't wait to see you there!



### Connect with Staff

Rev. Karen Bruins Pastor karen.bruins@lakeharrietumc.org

Søren Bijnagte Business Administrator & Facilities Manager soren.bijnagte@lakeharrietumc.org

Kay Halverson Office Administrator kay.halverson@lakeharrietumc.org

Thomas Johanson Bell Choirs Director thomas.johanson@lakeharrietumc.org

Tami Zvolena Communications communications@lakeharrietumc.org

Lorrie Sandelin Volunteer Coordinator lorrie.sandelin@lakeharrietumc.org

Jungjoo Park Director of Music Ministries jungjoo.park@lakeharrietumc.org

Andrea Wright LHUM Preschool Director awright@lakeharrietumpreschool.org

Buffy Ess LHUM Preschool Assistant Director bess@lakeharrietumpreschool.org

# Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ocheti Sakowin (commonly Dakotah) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.

