

ASP SUNDAY YOUTH MISSION UPDATE



Sunday, August 10

ASP Sunday

lake harriet
UNITED METHODIST CHURCH

Walking Together the
Words and Ways of Jesus

Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

No matter who you are or where you are on life's journey, you are welcome here.

If you are young or old, you are welcome.

If you have brown skin, black skin, white skin, or any color of skin, you are welcome.

If you are married or single, you are welcome.

If you are gay, straight, transgender-whatever pronouns you use, you are welcome.

If you are sick or well, you are welcome.

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and you are welcome.

If you sing like a rock star or an opera singer, or you can not sing at all, you are welcome.

Whenever you arrived and however you came here, you are welcome.

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, you are welcome.

Come with your gifts, your pain, your hope, your fears.

Come with traditions that have helped you and hurt you.

Come with your experiences that have made you and broken you.

Come with a mind, ready to engage, and a heart, open to discern.

Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

You are welcome here!

Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary



Connect with Us



Let Us Know You Are Here

Please register your attendance through the welcome pad.



Enewsletter

Stay informed by subscribing to our enews and view the latest enews.



Visit Us Online

Stay informed, register for ministry events, give online, and more.



Prayer Requests

Let our staff pray for you and others in your life (prayers are confidential).



Share your talents

The opportunities abound to help your community, find where you fit.



WiFi

Access the church's WiFi with the password: LHUMCGuest.



Hearing Enhancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.

welcome to worship!

WELCOME

ANNOUNCEMENTS

↑ CALL TO WORSHIP: Psalm 121 (CEB)

One: I lift up my eyes to the mountains—
Where does my help come from?

**All: My help comes from the Lord,
the Maker of heaven and earth.**

One: He will not let your foot slip—
he who watches over you will not slumber;

**All: Indeed, he who watches over Israel
will neither slumber nor sleep.**

One: The Lord watches over you—
the Lord is your shade at your right hand;

**All: The sun will not harm you by day,
nor the moon by night.**

One: The Lord will keep you from all harm—
he will watch over your life;

**All: The Lord will watch over your coming and going
both now and forevermore.**

↑ HYMN

Here I am

UMH 593

SHARE A GREETING

RAINBOW CHAT

Pastor Bea Mungania

SONG

On the Road

There's no-where I'd rath - er be than on the road with God. Trav - el-ing where Je - sus leads,
on the road with God. Oh oh we are gon - na fol - low, oh oh
all of our days, we'll go where you say to go, we're fol - low-ing where Je - sus leads,
on the road with God. we're fol - low-ing where Je - sus leads, on the road with God.

SCRIPTURE

Matthew 5:13-16

New Revised Standard Version

Updated Edition

Jesus used the metaphor of salt and light to teach
his disciple the value of responsible discipleship.

Salt and Light!

“You are the salt of the earth, but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything but is thrown out and trampled under foot.

You are the light of the world. A city built on a hill cannot be hid.

People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house.

In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.”

One: The Word of God for the people of God.

All: Thanks be to God!

YOUTH MISSIONAL TRIP

“ASP Reflections”

ASP 2025 Participants

MESSAGE

“Be the Light”

Pastor Bea Mungania

PASTORAL PRAYER

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

INVITATION TO GENEROSITY



OFFERING BOX

is found in the back of the sanctuary



GIVE ONLINE

by visiting our website at lakeharrietumc.org



SCAN THE QR CODE

with your smartphone camera



MAIL IN TO

4901 Chowen Ave S
Minneapolis, MN
55410

OFFERTORY PRAYER (UNISON)

“Faithful and Gracious God, you have called us to be a people of hope, to trust in what we cannot see. As we bring these gifts before you, we offer not only our resources but also our faith -- faith that you are at work in our giving, building a future of justice, mercy, and love. Bless these offerings, that they may be signs of our longing for your kingdom and our trust in your promises. May our generosity inspire others to live with courage and conviction, seeking that better life you have prepared for us. In Christ’s name, we pray. Amen. (Hebrews 11:1-3, 8-16)”

OFFERTORY

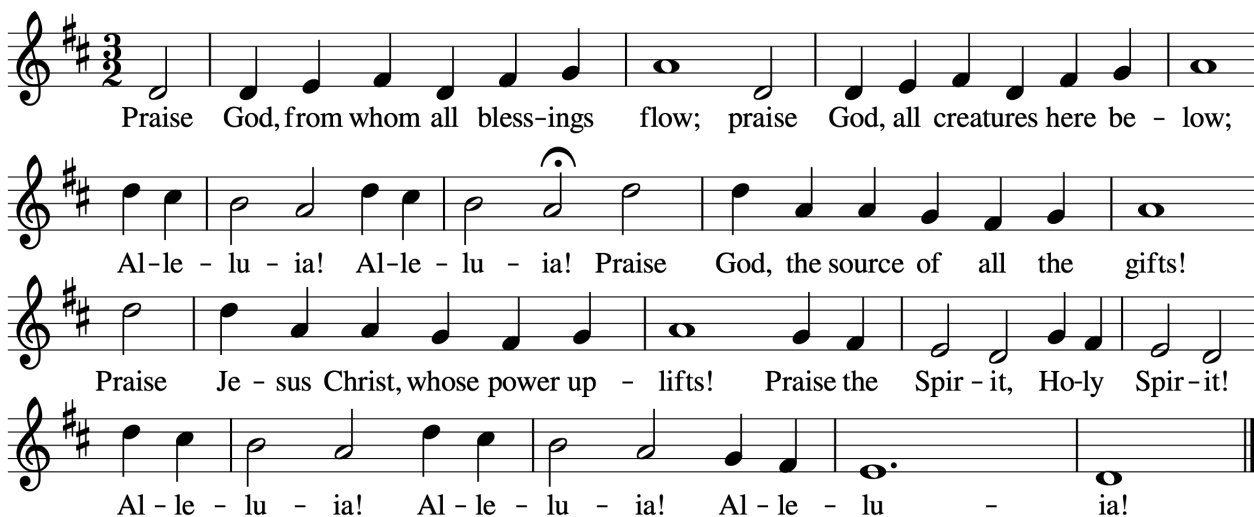
On the Radio

(Regina Spektor)
Angela Holley, solo

↑ DOXOLOGY

Praise God from Whom All Blessings Flow

UMH 94



Praise God, from whom all blessings flow; praise God, all creatures here be - low;

Al - le - lu - ia! Al - le - lu - ia! Praise God, the source of all the gifts!

Praise Je - sus Christ, whose power up - lifts! Praise the Spir - it, Ho - ly Spir - it!

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

verse



1. Je - sus, Lord of my sal - va - tion, Sa - vior of my soul;
 2. Car - ry to the bro - ken - heart - ed mer - cy You have shown.

— Send me out to the world to make You known
 — Send me out to the world to make You known.

Je - sus, King of ev - 'ry na - tion, this world's on - ly hope;
 To the ones in need of res - cue, lead me, I will go.

— Send me out to the world to make You known.
 — Send me out to the world to make You known.

chorus



I wan-na be Your hands and feet, I wan-na be Your voice ev-'ry time I speak.

— I wan-na run to the ones in need in the name of Je - sus.

I wan-na give my life a - way, all for Your king - dom's sake. Shine a light in the

dark - est place in the name of Je - sus. in the name of Je - sus.

bridge



Here am I; I will go. Send me out to make You known.

1. There is hope for ev - 'ry soul. Send me out, send me out.

2. There is hope for ev - 'ry soul so send me out. *(Back to chorus) D.S. al Fine*

↑ BLESSING

I pray that the Lord
will let you, your family
and your descendants
always grow strong.
May the Lord who created
the heavens and the earth
give you his blessing.
Go in Peace, Love, and Serve God.
Amen!

POSTLUDE

Take Me Home, Country Roads

(John Denver)

Worship Leaders

Associate Pastor: Rev. Beatrice Mungania

Director of Music Ministries: Jungjoo Park

Musicians: Angela Holley, solo; By Faith; Shout Band

ASP Participants

Sound Technician: Chad Johnson

Slides: Kim Boisvert

Greeters: Jane Kammerman, Ken Larson, Jeanne Harkness

Hospitality: Norma Bayers

Table Art: Katie Schneider Bryan and Chris Kliesen Wehrman

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This Week at Lake Harriet

SUNDAY AUG 10

9:30am Worship in-person and online - ASP Sunday

MONDAY AUG 11

7:00pm Outreach Team Meeting - Fireside Room

TUESDAY AUGUST 12

10:00am Crafters (Knitting) Group - Commons

7:00pm Men's Forum - Wesley Room

THURSDAY AUGUST 14

10:00am Immigration Conversation - Fireside Room

FRIDAY AUGUST 15

7:00pm Movie "God and Country" - Sanctuary

SATURDAY AUGUST 16

1:00pm Visitation for Robert Moffitt – Commons

2:00pm Robert Moffitt Celebration of Life - Sanctuary

3:00pm Robert Moffitt Reception - Fellowship Hall

SUNDAY AUGUST 17

9:30am Worship In Person and On-line

10:30am Intro to Godly Play - Godly Play Room

5:30pm Unleavened Bread Group - Fireside Room



CHILDREN, YOUTH, AND FAMILY MINISTRIES

I Wonder: Godly Play

I Wonder: An Introduction to Godly Play

On August 17, at 10:30am in the Godly Play room, you are invited to learn about Godly Play and how you may serve in this ministry.

Godly Play has been a part of the LHUMC faith formation for over 20 years. All are Welcome!



THURSDAY AUG 14 & 28 10AM

Immigration Conversations

What can we do?

Join Pastor David McBride and Pastor Karen Bruins at one of two sessions, August 14 or 28 at 10 am, for a conversation about how we can respond to the current immigration climate.



BEACON INTERFAITH HOUSING COLLABORATIVE

Backpack Drive

Lake Harriet Outreach and Beacon Leadership Teams are co-sponsoring a backpack drive, with the goal of **collecting 40 new backpacks** for elementary school aged children. **Please return the backpacks the display area in the lobby by Tuesday, Aug. 26th.**

In addition, **we need volunteers** to help at the Emerson Village Back-to-School Bash (see the flyer on the next page) on Thursday, Aug. 28th from 1 to 5 pm. Volunteers will be assisting with serving food and helping with games and arts & crafts.

Please contact Lorrie Sandelin, lorrie.sandelin@lakeharrietumc.org or Lauren Braswell l_braswell@comcast.net if you can volunteer for this fun event and also indicate if you need a ride. The carpool will depart at Noon on Aug. 28th.

EMERSON VILLAGE BACK-TO-SCHOOL BASH!

THURSDAY, AUGUST 28, 2025

BARBERS & HAIR BRAIDERS: 8:00 AM – 5:00 PM

ACTIVITIES & FOOD: 1:00 PM – 5:0 PM

ACTIVITIES



Chalk Drawing



Hopscotch



Face Painting



Gaming Truck

Water Balloons

FOOD & TREATS



Snow Cones



Popcorn



Hot Dogs

Hamburgers



FREE BACKPACK GIVEAWAY!

Let's get our kids looking and feeling great for school!



BARBERS & HAIR BRAIDERS ON-SITE

OPEN TO ALL EMERSON VILLAGE FAMILIES!

Let's come together to support, celebrate, and
enjoy this exciting day!

Connect with Staff

Rev. Karen Bruins Pastor karen.bruins@lakeharrietumc.org

Rev. Beatrice Mungania Associate Pastor bea.mungania@lakeharrietumc.org

Søren Bijnagte Business Administrator & Facilities Manager soren.bijnagte@lakeharrietumc.org

Kay Halverson Office Administrator kay.halverson@lakeharrietumc.org

Thomas Johanson Bell Choirs Director thomas.johanson@lakeharrietumc.org

Tami Zvolena Communications communications@lakeharrietumc.org

Lorrie Sandelin Volunteer Coordinator lorrie.sandelin@lakeharrietumc.org

Jungjoo Park Director of Music Ministries jungjoo.park@lakeharrietumc.org

Andrea Wright LHUM Preschool Director awright@lakeharrietumpreschool.org

Buffy Ess LHUM Preschool Assistant Director bess@lakeharrietumpreschool.org

Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ojibwe (commonly Dakota) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.



Address 4901 Chowen Avenue South, Minneapolis, MN 55410

Office Hours 9a–4p, Tuesday–Thursday

Connect 612.926.7645 | church@lakeharrietumc.org | lakeharrietumc.org