

Sunday, November 2

Roll Call of the Saints on the Shoulders of Giants



Walking Together the Words and Ways of Jesus

Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

No matter who you are or where you are on life's journey, you are welcome here.

If you are young or old, you are welcome.

If you have brown skin, black skin, white skin, or any color of skin, you are welcome.

If you are married or single, you are welcome.

If you are gay, straight, transgender-whatever pronouns you use, you are welcome.

If you are sick or well, you are welcome.

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and you are welcome.

If you sing like a rock star or an opera singer, or you can not sing at all, you are welcome.

Whenever you arrived and however you came here, you are welcome.

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, you are welcome.

Come with your gifts, your pain, your hope, your fears.

Come with traditions that have helped you and hurt you.

Come with your experiences that have made you and broken you.

Come with a mind, ready to engage, and a heart, open to discern.

Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

You are welcome here!

Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary



Connect with Us



Let Us Know You Are Here

Please register your attendance through the welcome pad.





Enewsletter

Stay informed by subscribing to our enews and view the latest enews.





Visit Us Online

Stay informed, register for ministry events, give online, and more.





Prayer Requests

Let our staff pray for you and others in your life (prayers are confidential).





Share your talents

The opportunities abound to help your community, find where you fit.





WiFi

Access the church's WiFi with the password: LHUMCGuest.



Hearing Enchancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.



Please note the following, the congregation reads/sings/prays the words in bold-faceprint and the \undarrow symbol invites you to rise in body and/or spirit.

WELCOME

ANNOUNCEMENTS

Karin Schurrer-Erickson - new caregiver small group

† OPENING PRAYER (Unison)

Based on Ephesians 1, Luke 6

God of our forbearers, you turn our world upside down.

You teach us that neither wealth, nor social status, nor reputation can lead us to life.

You remind us to focus on your kingdom, where the poor, the hungry, the sorrowful, and those persecuted for the gospel receive your blessing.

Help us follow the example of the saints,

that we may receive our glorious inheritance, by living as Christ taught us to live. Amen.

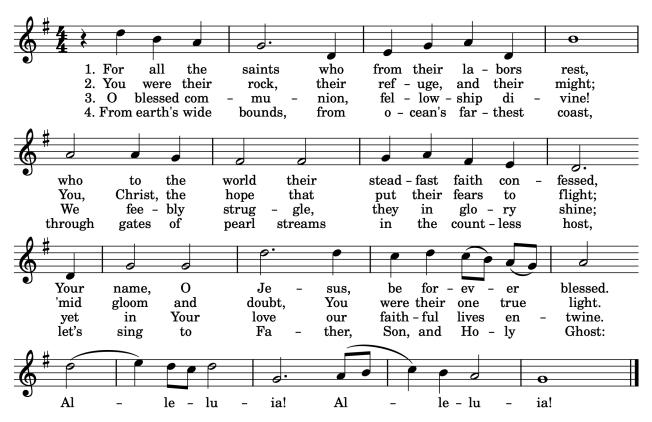
All Saints Remembrance

Today, we remember and honor the lives of these beloved saints from our congregation who have died this year.

Jack Cagle 11/5/24
Will Robbins 3/27/25
Marlene Nauman 4/18/25
John Sivert 7/4/25
Bob Moffitt 7/30/25
Bev Ramstad 8/28/25
Bill Morton 9/10/25



For All the Saints



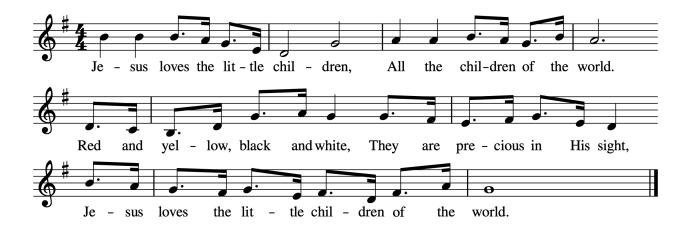
SHARE A GREETING

RAINBOW CHAT

Rev. Bea Mungania

SONG

Jesus Loves the Little Children



INVITATION TO GENEROSITY





GIVE ONLINE

by visiting our website at lakeharrietumc.org



SCAN THE QR CODE

with your smartphone camera



MAIL IN TO

4901 Chowen Ave S Minneapolis, MN 55410

OFFERTORY

Jesus Loves Me

(arr. Jennaya Robison)
LH Children & Youth Choir
Prime Chimers

SCRIPTURE

Hebrews 11, selected verses

Common English Bible

Description of faith

Faith is the reality of what we hope for, the proof of what we don't see. The elders in the past were approved because they showed faith.

Acts of faith by God's people

By faith we understand that the universe has been created by a word from God so that the visible came into existence from the invisible.

By faith Abel offered a better sacrifice to God than Cain, which showed that he was righteous, since God gave approval to him for his gift. Though he died, he's still speaking through faith.

By faith Enoch was taken up so that he didn't see death, and he wasn't found because God took him up. He was given approval for having pleased God before he was taken up.

By faith Noah responded with godly fear when he was warned about events he hadn't seen yet. He built an ark to deliver his household. With his faith, he criticized the world and became an heir of the righteousness that comes from faith.

By faith Abraham obeyed when he was called to go out to a place that he was going to receive as an inheritance. He went out without knowing where he was going.

By faith he lived in the land he had been promised as a stranger. He lived in tents along with Isaac and Jacob, who were coheirs of the same promise.

By faith even Sarah received the ability to have a child, though she herself was barren and past the age for having children, because she believed that the one who promised was faithful. So descendants were born from one man (and he was as good as dead). They were as many as the number of the stars in the sky and as countless as the grains of sand on the seashore. All these people died in faith without receiving the promises, but they saw the promises from a distance and welcomed them.

By faith Abraham offered Isaac when he was tested.

By faith Isaac also blessed Jacob and Esau concerning their future.

By faith Jacob blessed each of Joseph's sons as he was dying and bowed in worship over the head of his staff.

By faith Joseph recalled the exodus of the Israelites at the end of his life, and gave instructions about burying his bones.

By faith Moses refused to be called the son of Pharaoh's daughter when he was grown up. He chose to be mistreated with God's people instead of having the temporary pleasures of sin. He thought that the abuses he suffered for Christ were more valuable than the treasures of Egypt, since he was looking forward to the reward.

By faith Rahab the prostitute wasn't killed with the disobedient because she welcomed the spies in peace.

What more can I say? I would run out of time if I told you about Gideon, Barak, Samson, Jephthah, David, Samuel, and the prophets. Through faith they conquered kingdoms, brought about justice, realized promises, shut the mouths of lions, put out raging fires, escaped from the edge of the sword, found strength in weakness, were mighty in war, and routed foreign armies.

All these people didn't receive what was promised, though they were given approval for their faith. God provided something better for us so they wouldn't be made perfect without us.

One: The Word of God for the people of God.

All: Thanks be to God!

MESSAGE Roll Call of the Saints - on the Shoulders of Giants Rev. Karen Bruins

PASTORAL PRAYER

SACRAMENT OF THE LORD'S SUPPER

GREAT PRAYER OF THANKSGIVING

One: May the God of all saints be with you!

All: And also with you!

One: Lift your hearts to God, all you who seek God's face.

All: We offer them to the One whose heart weeps with ours.

One: Lift up your heads, O people, singing glad songs of praise to God.

All: With joy in our hearts, with words of truth and life on our lips, we give thanks to our God.

One: With a simple Word, with a gentle Breath of life,

All: Wondrous God of glory, you shrouded chaos with your imagination, earth spinning and whirling through space, the seas teeming with new life.

One: All that is in creation is yours, all that lives in it is your gift. You shaped us in your image, gathering us in your garden of joy. But we turned our backs on you, seeking the seductive face of sin. You would show us the way, filling us with hope's promise, through the gifts of those saints we call the prophets, but we were deaf to their words.

So, deeply moved by our helplessness, you sent Jesus into our presence, the One we waited for that we might be saved.

So, with that community of faith from every place and time, with saints and sinners, with apostles and angels, with those who know how deeply you love us, we forever sing to the glory of your name:

All: Holy, holy, Lord God, strong and gentle. As they await their renewal, heaven and earth glorify you. Hosanna in the highest! Blessed is the One who comes to call us from death. Hosanna in the highest!

One: Gracious are you, Creator of suns and saints, and blessed is Jesus Christ, Sharer in our lives. With clean hands and a pure heart he descended from your holy side, coming to wipe away our tears, to remove the disgrace of our sin, to walk with those who seek your face, to stand with us at grief's doorstep.

With scarred hands and a shattered heart, he descended into the grip of the grave, taking off the swaddling clothes of death, leaving them behind as you called to him to come out of the tomb.

As we wait to come to this gracious feast, as we remember the spirit in which Jesus lived, served, died, and was raised, we speak of that mystery we call faith.

In Christ, the shroud of death has been destroyed. In Christ, all creation is given new life. In Christ, we will be God's people forever when he returns.

Pour out your Spirit upon these gifts of the Table and on your children in this sacred space.

With a simple cup filled with hope, with bread broken in love, you make a feast for those who are with this band of believers.

As we open our hands to receive grace's brokenness, may we go forth to dirty them in service to all around us.

As we swallow the well-aged hope of your Spirit, may we discover our hearts to be as broken as yours, by the injustices of our world.

And when all things become new, as we are gathered in the New Jerusalem with our sisters and brothers of every age, we will join our voices together, singing before your throne of grace,

All: God in Community, Holy in One, even as we pray together, saying,

THE LORD'S PRAYER

COMMUNION MUSIC

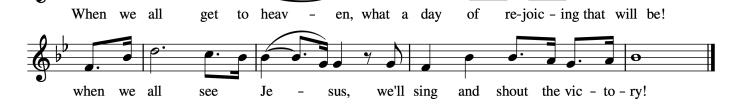
Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

(Randall Goodgame)

By Faith

The Living Bread

Homeward Bound (Kristene DiMarco) **Shout Band † SONG** When We All Get to Heaven 1. Sing the won - drous love Je - sus; sing His mer - cy and His grace. of 2. While we walk pil - grim path-way, clouds will o - ver spread the sky; the 3. Let us then be true and faith-ful, trust-ing, serv - ing ev - ery day; 4. On - ward to the prize be - fore us! Soon His beau - ty we'll be-hold; bright and He'll In the man - sions bless - ed pre - pare place. for us but when trav - eling days are sigh. o - ver, not shad - ow. not a Him one glimpse of just in glo - ry will the toils of life re - pay. soon the pear - ly gates will o - pen; we shall tread the streets of gold.



† BLESSING

One: God's love surrounds us.

All: We go with God's blessing.

One: God's joy lifts us.

All: We go with God's blessing.

One: God's hope nurtures us.

All: We go with God's blessing. Amen.

POSTLUDE A Million Saints (Meredith Andrews)
Shout Band

Worship Leaders

Pastor: Rev. Karen Bruins

Associate Pastor: Rev. Beatrice Mungania **Director of Music Ministries:** Jungjoo Park **Bell Choirs Director:** Thomas Johanson

Musicians: By Faith Youth Band; LH Children's Choir; Prime Chimers; Shout Band

Scripture Readers: Holley/Houts Family

Sound Technician: Dave Bruins

Streaming: Michael Perry **Slides:** Ginger Mateer

Communion Prep and Servers: Martha Glass, Mary Yee, Niskode-Dossett Family

Greeters: Beth Bertelson, Jane Kammerman, Ken Larson **Hospitality:** Erika & Curt Soderberg, Verne Niemeier

Table Art: Katie Schneider-Bryan

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SUNDAY TO SUNDAY

This Week at Lake Harriet

**Pastor Karen Bruins will be on vacation November 7-15, 2025. Pastor Bea Mungania is the pastor on call for emergencies.

SUNDAY NOV 2

9:30am Worship in-person and online - All Saints Day

11:00am Science and Faith Book Study - Zoom

11:00am Worship at the Waters

MONDAY NOV 3

Preschool Executive Board Meeting - Fireside Room

TUESDAY NOV 4 - ELECTION DAY

10:00am Crafters (Knitting) Group - Commons

7:00pm Men's Forum - Wesley Room

WEDNESDAY NOV 5

5:00pm Wednesday Night Dinner - Fellowship Hall

5:30pm Children's Choir Rehearsal (PreK - 5th Grade)- Sanctuary

5:30pm Prime Chimers Rehearsal (5th - 12th Grade) - Bell Room

6:00pm 9th Grade Confirmation - Conference Room

6:30pm Youth Group 6th - 8th Grade - Youth Room

6:30pm Senior High Youth Group - Youth Room

6:30pm Festival Bells Rehearsal - Bell Room

6:30pm Shout Band Rehearsal - Sanctuary

7:30pm Sanctuary Choir Rehearsal - Sanctuary

THURSDAY NOV 6

10:00am Immigration Group

7:00pm Our Town Preview Performance - Fellowship Hall

FRIDAY NOV 7

7:00pm Our Town Performance - Fellowship Hall

SATURDAY NOV 8

2:00pm Our Town Performance - Fellowship Hall

7:00pm Our Town Performance - Fellowship Hall

SUNDAY NOV 9

9:30am Worship In-Person and On-line

9:45am Godly Play (PreK-3rd Grade) - Godly Play Room

9:45am 4th & 5th Grade Sunday School - Conference Room

10:45am By Faith Youth Band Rehearsal - Sanctuary

11:00am Science and Faith Book Study - Zoom



NOVEMBER SERMON SERIES

Overcoming Stress

Stress touches nearly everyone today—about half of U.S. adults say they experience significant daily stress. This November, we'll explore how faith can help us rise above it.

Each week we'll look at people in Scripture who overcame what weighed them down:

- Nov. 9 Overcoming Bad Habits, Luke 19:1-10
- Nov. 16 Overcoming Rejection, Luke 23:32-43
- Nov. 23 Celebration Sunday for Stewardship, Finding the Overcomer, Genesis 28:10-17

Together we'll discover that even in our most stressful moments, God offers peace, strength, and renewal.



STARTING NOV 3

New Small Group

Join us Monday nights at 7pm by Zoom starting Nov 3 for "Radicle Methodism: Back to our Roots," a four-part history course to examine the beginnings of Methodism, the people and the movements that crossed oceans and centuries.

Explore the very beginnings of Methodism that, like the radicle - the first part of the seed that sprouts to become the root system and the future plant - were vital to the denomination as we became rooted and grounded.

Contact Julie Konrardy <u>juliekonrardy@gmail.com</u> if interested.





SIGN UP by scanning the QR code or visiting *bit.ly/3DVPaV1*

NOVEMBER 4

Help Us Offer Radical Hospitality On Election Day, Nov. 4

Election day is Tuesday, November 4, and LHUMC is a polling place. We will offer radical hospitality to our neighbors that day and volunteers are needed to be greeters and also to keep an eye on coffee and cookie levels.

Election Day Coffee/Cookie Volunteer duties - Check coffee levels, brew more coffee if needed, replenish supply of cups, sugar, creamer, stir sticks, etc., put out more cookies. Be a welcoming friendly face! Stay for the whole shift or for as long as you are able!



PERFORMANCES NOV 7-9

Lake Harriet Players Presents

"Our Town" by Thornton Wilder

Lake Harriet Players invites you to journey back to simpler times at our fall production of Our Town, Thornton Wilder's timeless classic about life in the small town of Grover's Corners.

Performances:

Special Preview: Nov. 6 at 7pm

Friday, Nov. 7 at 7pm

Saturday, Nov. 8 at 2pm and 7pm

Sunday, Nov. 9 at 2pm

Admission is free (pay-what-you-can donations accepted). Seating is general admission and open to the public. Doors open 1/2 hour prior to curtain.

"Our Town" is presented by arrangement with Concord Theatricals on behalf of Samuel French, Inc. www.concordtheatricals.com





REGISTER To help us plan for the right amount of food:

lakeharrietumc.org/events

NOVEMBER 9 8AM-NOON

2nd Annual Thank You Breakfast

Come celebrate with us at our Second Annual Thank You Pancake and Waffle Breakfast! The entire congregation is invited to this free, all-you-can-eat event. We'll be serving pancakes and waffles with all the fixings to make your Sunday morning delicious.

Event Details

When: Sunday, November 9th

Serving Times:

- 8:00 a.m. 9:30 a.m.
- 10:30 a.m. 12:00 p.m.

Where: The Fellowship Hall

Cost: The breakfast is completely free! Donations are welcome and will help cover the food costs, with any extra money going to the Joyce Uptown Food Shelf.



MEMBERSHIP CLASS

A Taste of Lake Harriet

Learn more about our mission, values, ministry and membership. Grab a cup of coffee/tea, a cookie and join in the Wesley Room, all are welcome!

Sunday, November 16, 10:30am

Join date will be November 23.

RSVP for the class by scanning the QR code or online: bit.ly/LH-membership-class



NOV 16 & 23, DEC 7

Caregiver Health Gatherings

An invitation to those of us who are caregiving and have felt a need to collaborate and discuss caregiver needs as well as resources.

Join us on Sunday mornings after service 10:45-11:45am, November 16th, 23rd an December 7th. Whether your partner has health needs, an aging parent needs more a support (long distance or local) or your loved one has a myriad of challenges due to cognitive loss, being a caregiver can lead to uncertainty, loneliness and isolation. Come to 1, or all 3 Sunday Caregiver Health discussions to share resources, challenges and opportunities.

Led by Karin Schurrer-Erickson, DNP, a retired geriatric nurse practitioner who specialized in chronic disease management, palliative care and end of life.





REGISTER by scanning the QR code or visiting, Adult Enrichment lakeharrietumc.org/connect

NOV 20 6:30PM

Beyond the Nest

Have you launched a young adult or are you about to launch them? You are invited to connect with other parents who are in the process of launching their young adults into the world.

This Fall we will meet once a month to work around Holidays and then beginning in January we will meet twice a month on the 2nd and 4th Thursday evenings at 6:30 pm, at LHUMC in the Fireside room.

Fall Meeting Dates:

- Thursday, November 20 @ 6:30 pm
- Thursday, December 11 @ 6:30 pm.
- Then beginning Thurs January 8, twice a month.

We hope you can join us!



Assoc. Pastor Beatrice Mungania

DECEMBER 7TH

Welcoming Pastor Bea

One more gathering is planned for welcoming Pastor Bea!

 Sunday, December 7th at 11am hosted by the Landruds at 4224 Crocker Ave, Edina, MN 55416.
 Parking is either in our driveway or the East side of the street.



REGISTER by scanning the QR code or visiting bit.ly/welcome-pastor-bea-small-groups

Connect with Staff

Rev. Karen Bruins Pastor karen.bruins@lakeharrietumc.org

Rev. Beatrice Mungania Associate Pastor bea.mungania@lakeharrietumc.org

Søren Bijnagte Business Administrator & Facilities Manager soren.bijnagte@lakeharrietumc.org

Kay Halverson Office Administrator kay.halverson@lakeharrietumc.org

Thomas Johanson Bell Choirs Director thomas.johanson@lakeharrietumc.org

Tami Zvolena Communications communications@lakeharrietumc.org

Lorrie Sandelin Volunteer Coordinator lorrie.sandelin@lakeharrietumc.org

Jungjoo Park Director of Music Ministries jungjoo.park@lakeharrietumc.org

Neva Tuzzilino LHUM Preschool Director ntuzzilino@lakeharrietumpreschool.org

Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ocheti Sakowin (commonly Dakotah) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.

