

SUNDAY, FEBRUARY 15

Walking with Jesus: A Journey Through Matthew



The Great Commission

Matthew 28:16-20

lake harriet
UNITED METHODIST CHURCH

Walking Together the
Words and Ways of Jesus

Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

If you are young or old, *you are welcome.*

If you have brown skin, black skin, white skin, or any color of skin, *you are welcome.*

If you are married or single, *you are welcome.*

If you are gay, straight, transgender-whatever pronouns you use, *you are welcome.*

If you are sick or well, *you are welcome.*

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and *you are welcome.*

If you sing like a rock star or an opera singer, or you can not sing at all, *you are welcome.*

Whenever you arrived and however you came here, *you are welcome.*

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, *you are welcome.*

Come with your gifts, your pain, your hope, your fears.
Come with traditions that have helped you and hurt you.
Come with your experiences that have made you and broken you.
Come with a mind, ready to engage, and a heart, open to discern.
Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

You are welcome here!

Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary

No matter
who you are
or where you
are on
life's journey,
you are
welcome here.



Connect with Us



Let Us Know You Are Here

Please register your attendance through the welcome pad.



Enewsletter

Stay informed by subscribing to our enews.



Visit Us Online

Stay informed, register for ministry events, give online, and more.



Prayer Requests

Let our staff pray for you and others in your life (prayers are confidential).



Share your talents

The opportunities abound to help your community, find where you fit.



WiFi

Access the church's WiFi with the password: LHUMCGuest.



Hearing Enhancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.

welcome to worship!

Please note the following, the congregation reads/sings/prays the words in bold-faceprint and the ↑ symbol invites you to rise in body and/or spirit.

WELCOME

ANNOUNCEMENTS

↑ UNISON PRAYER

Give us eyes to see, O God: to see as you see, and to see those people you see.
Remind us that you have called us to be a sent-out people, not a stay-put people.
Help us to move beyond the stained glass, into the world you love and for which Christ died. Amen.

↑ SONG

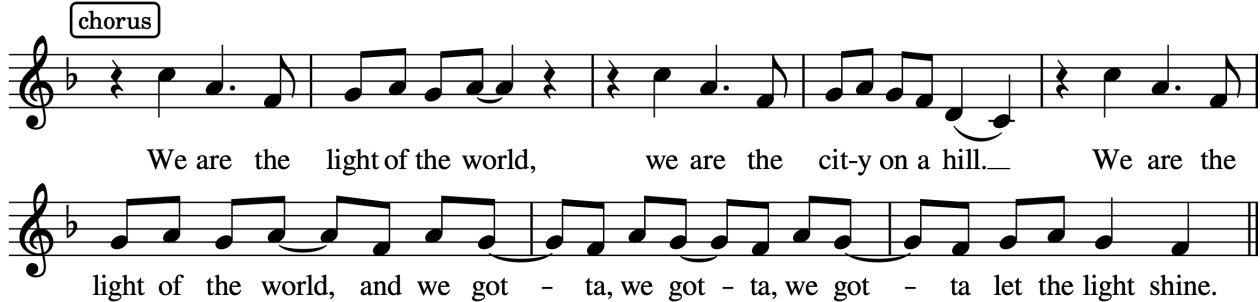
We Are

Band: Ev'ry secret, ev'ry shame, ev'ry fear, ev'ry pain live inside the dark,
but that's not who we are. We are children of the day.

So wake up, sleeper, lift your head. We were meant for more than this.
Fight the shadows, conquer death, make the most of the time we have left.

All: (sing chorus twice)

chorus



We are the light of the world, we are the cit-y on a hill. We are the
light of the world, and we got - ta, we got - ta, we got - ta let the light shine.

Band: Let the light shine, let the light shine. Ooh.

We are called to spread the news, to tell the world the simple truth.
Jesus came to save, there's freedom in His name, so let His love break through.

All: (sing chorus twice, then sing bridge)

bridge



We are the light, we are the light, we are the light, so let your
light shine bright - er. We are the light, we are the light, we are the light.
Je - sus, You are the light, You are the light, You are the light.
We will lift You high and shine, shine, shine.

All: (sing chorus twice)

Band: Let the light shine, let the light shine.
Let the light shine, let the light shine.

SHARE A GREETING

RAINBOW CHAT

Rev. Dr. Bea Mungania

SONG

This Little Light of Mine

1. This little light of mine, I'm gonna let it shine...
2. Hide it under a bushel? No! I'm gonna let it shine...

SCRIPTURE

Matthew 28:16-20

New Revised Standard
Version Updated Edition

The Commissioning of the Disciples

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him, but they doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

One: This is the Word of the Lord.

All: Thanks be to God!

MESSAGE

"Walking With Jesus: A Journey Through Matthew"
Week Seven - "The Great Commission"

Rev. Karen Bruins

PRAYER BEFORE THE MESSAGE

Pastor: May the words of my mouth

All: and the meditations of our hearts be acceptable in your sight O Lord, our Rock, and our Redeemer.

PASTORAL PRAYER

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

INVITATION TO GENEROSITY



OFFERING BOX

is found in the back
of the sanctuary



GIVE ONLINE

by visiting our website
at lakeharrietumc.org



SCAN THE QR CODE

with your
smartphone camera



MAIL IN TO

4901 Chowen Ave S
Minneapolis, MN
55410

OFFERTORY

Wake, Awake for Night is Flying

(arr. Ron Mallory)
Festival Bells

↑ SONG

I Will Follow

Band: Where You go I'll go; where You stay I'll stay;
when You move I'll move, I will follow. Oh, oh, oh.

verses



1. All Your ways are good, all Your ways are sure; I will
2. Light in - to the world, Light in - to my life. I will



trust in You a-lone. High-er than my sight, high a - bove my life;
live for You a-lone. You're the One I seek, know-ing I will find



I will trust in You a-lone. (Trust in You a-lone.)
all I need in You a-lone. (Need in You a-lone.)

chorus



Where You go, I'll go; Where You stay, I'll stay; When You move, I'll move.



I will fol-low You. Whom You love, I'll love; How You serve, I'll serve;



If this life I lose, I will fol - low You, yeah.



I will fol - low You, yeah.

bridge



In You, there's life ev-er-last-ing. In You, there's free-dom for my soul.



In You, there's joy, un-end - ing joy; And I will fol - low.

coda

I will fol - low. Where You go, I'll go; Where You stay, I'll stay;

When You move, I'll move. I will fol-low You. Whom You love, I'll love;

How You serve, I'll serve; If this life I lose, I will fol - low You,.

yeah. I will fol - low You, yeah. I will fol - low You,

yeah. I will fol - low You, yeah.

↑ BLESSING

POSTLUDE

Worship Leaders

Pastor: Rev. Karen Bruins

Associate Pastor: Rev. Dr. Beatrice Mungania

Director of Music Ministries: Jungjoo Park

Bell Choirs Director: Thomas Johanson

Musicians: Festival Bells; Shout Band

Scripture Reader: Kim Grant

Sound Technician: Chad Johnson

Streaming: Michael Perry

Slides: Kari Cahn

Greeters: Jane Kammerman, Ken Larson, Lorrie Sandelin

Hospitality: Kristin Linder-Brown

Table Art: Katie Schneider Bryan

Copyright Information

We Are Words and Music: Chuck Butler; Ed Cash; Hillary McBride; James Tealy. © 2011 Centricity Music Publishing; Hillary McBride Designee; All Essential Music; Wonder Down Under Music; Wondrously Made Songs; Curb Dayspring Music. All rights reserved. Reprint under CCLI License # 1628344.

Wake, Awake, for Night Is Flying Music: Ron Mallory ©2013 The Lorenz Publishing Corporation. All rights reserved. Streaming/Podcasting with OneLicense #A-725516.

I Will Follow Words and Music: Chris Tomlin, Jason Ingram, Reuben Morgan ©2010 SHOUT! Music Publishing; Sixsteps; Vamos Publishing; worshiptogether.com songs; So Essential Tunes; Spirit Nashville Three. All rights reserved. Reprint under CCLI License # 1628344.

This Week at Lake Harriet

SUNDAY FEB 15

- 9:30am Worship In-Person and Online
- 9:45am Godly Play (PreK - 3rd Grade) - Godly Play Room
- 9:45am 4th & 5th Grade Sunday School - Conference Room
- 10:45am Caregiver Support Group - Fireside Room
- 10:45am Children's Choir Rehearsal (PreK - 5th grade) - Sanctuary
- 10:45am We Cry Justice - Wesley Room
- 11:00am Science and Faith Book Study - Zoom
- 5:30pm Unleavened Bread Small Group - Fireside Room

MONDAY FEB 16

- 7:00pm We Cry Justice Small Group - Zoom
- 7:00pm Theater Board Meeting - Fireside Room
- 7:00pm Outreach Team Meeting - Wesley Room

TUESDAY FEB 17

- 10:00am Crafters (Knitting) Group - Commons
- 6:00pm Operations Team Meeting - Conference Room
- 7:00pm Men's Forum - Wesley Room
- 7:00pm SPRC Meeting - Fireside Room

WEDNESDAY FEB 18

- 9:30am Groovy Grandparents - Fireside Room
- 2:00pm Ash Wednesday Service at the Waters
- 4:00pm Joyce Uptown Foodshelf Board Meeting - Fireside Room
- 5:00pm Lenten Soup Supper - Fellowship Hall
- 6:30pm Ash Wednesday Service

THURSDAY FEB 19

- 10:00am Immigration Outreach & Support Group - Fireside Room
- 2:30pm Preschool Executive Board Meeting - Wesley Room

SUNDAY FEB 22

- 9:30am Worship In-Person and On-line
- 9:45am Godly Play (PreK - 3rd Grade) - Godly Play Room
- 9:45am 4th & 5th Grade Sunday School - Conference Room
- 10:45am Children's Choir Rehearsal (PreK - 5th grade) - Sanctuary
- 10:45am We Cry Justice - Wesley Room
- 11:00am Science and Faith Book Study - Zoom



LENT 2026 FEB 18- APRIL 5

Why Did Jesus Have to Die?

The Meaning of the Crucifixion

(Resource: book by Adam Hamilton.)

The crucifixion of Jesus stands at the heart of the Christian faith, yet it raises profound questions that many believers grapple with: “Why did Jesus have to die?” “Did God need for Jesus to suffer?” “How does His death so long ago absolve us of our sins today?” If you’ve ever wondered about these questions, simply said “I believe in the crucifixion, I just don’t fully understand it,” or had questions about the significance of Jesus’ death, join us over the next six weeks as we explore the various theories of atonement and seek to understand the meaning of the crucifixion.

Feb. 18: 6:30pm Ash Wednesday

Feb. 22: Week 1 - “The Crucifixion as God’s Word”

Mar. 1: Week 2 - Communion Sunday “Penal Substitution or Selfless Offering”

Mar. 8: Week 3- “Passover, Covenant and Redemption”

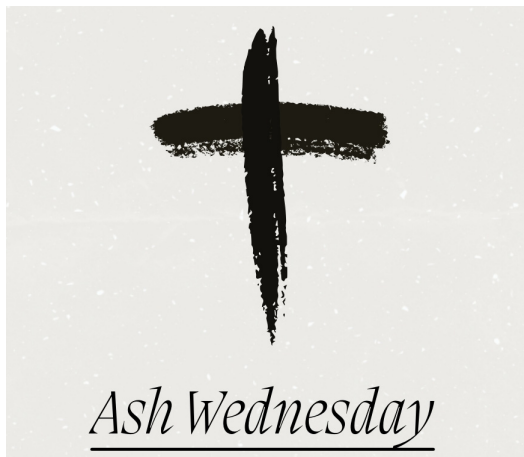
Mar. 15: Week 4 - Selfishness or Selflessness, “Why Did Jesus Have to Die?”

Mar. 22: Week 5 - “The Crucifixion and God’s Love”

Mar. 29: Week 6 - Palm Sunday/Healing Prayers

Apr. 3: Good Friday- Communion

Apr. 5: Easter, “The Victory of Christ,” no Communion
9am and 11am Worship services



WEDNESDAY FEB 18 6:30PM

Ash Wednesday Service

Please join us for the beginning of Lent at worship on February 18 at 6:30pm. Begin the evening with a Soup Supper in Fellowship Hall from 5pm - 6pm. Regularly scheduled music and youth programs will not be held on Ash Wednesday.

All are welcome to join us.



WEDNESDAYS DURING LENT 5:00-6:00PM

Lenten Soup Suppers

Please join us for our Lenten Soup Suppers starting Ash Wednesday, February 18. *O Soup* will be providing soup, salad and bread. Beginning Feb. 25th, Pastor Karen will lead a devotional at 6pm for those who would like to stay after the meal! Cost is \$12 per person with a \$36 cap for families.

Please register using the QR code or visit bit.ly/wednesday-suppers



STUDENT REGISTRATION

To register, scan the QR code with your smartphone or tablet or visit the Youth tabs on the website:

lakeharrietumc.org/children-youth-and-family-ministries

FEBRUARY 22 12-2PM

Youth Ice Skating

The Youth group is going ice skating! Youth and adults are welcome to join.

When: Saturday, Feb. 21, 12-2pm

Where: John Rose MN Oval in Roseville

Cost: \$9 to skate; \$5 to rent skates. Scholarships are available! Bring extra spending money for concessions!

Carpool: If you would like to carpool, plan to meet at church at 11:30am and will return by 2:30pm.

< **Register today!**

If you have any questions, please feel free to reach out to Pastor Bea at bea.mungania@lakeharrietumc.org.



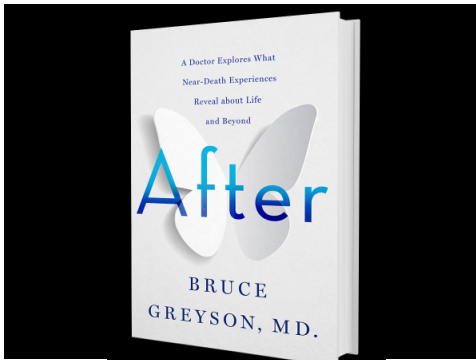
MARCH 1 DURING WORSHIP

Third Grade Bibles

All Third graders, please join Pastor Bea and the Children Ministry Team during worship for the presentation of your Bibles! Also, all children in fourth grade and higher grade are welcome to join. We have Bibles for you all!

Date: Sunday March 1, 2026.

Time: During the Worship (Rainbow Chat Time)



REGISTER Scan the QR code or visit
bit.ly/science-faith-book-study-after

SUNDAYS, 11AM-NOON.

Science and Faith Book Study

Sundays, 11am-Noon (Zoom only)

Facilitators: Chris Dozier and Paul Glewwe

The Science and Religion group will be reading *After* by Bruce Greyson. Please purchase a book via your favorite book seller.

A Doctor Explores What Near-Death Experiences Reveal About Life and Beyond

Discover the dramatic first-person accounts of near-death experiences and the research behind them that are leading scientists to rethink the relationship between our brain and our mind, the nature of consciousness, and our understanding of life and death



ALSET - TWO SESSIONS - SUNDAYS & MONDAYS IN FEB

J is for Justice Book Club

We will begin a book/Bible study using the book, *We Cry Justice: Reading the Bible with the Poor People's Campaign* edited by Liz Theoharis, as our guide.

There will be two study sessions throughout February:

- **Sundays, 10:45am** in the Wesley room
- **Mondays, 7pm** by Zoom

No need to register, email juliekonrardy@gmail.com for the Zoom link. Books are available for \$15. Whether you attend or not, buy a book and study on your own.



REGISTER

To register, scan the QR code with your smartphone or tablet or visit

bit.ly/beaconinterfaith_events

BEACON INTERFAITH HOUSING COLLABORATIVE

Start With Home Rally

Join other members of Lake Harriet's Beacon Leadership Team at the *Start With Home Rally* on **Monday, Feb. 23rd from 10:00am - 11:30am** at the Minnesota State Capitol, 75 Rev. Dr. Martin Luther King Jr. Blvd, St. Paul, MN 55155

Beacon is joining with Habitat for Humanity, Minnesota Consortium of Community Developers, Minnesota Housing Partnership, Catholic Charities of the Twin Cities, and Our Future Starts at Home Campaign to advocate for legislation that:

- Saves and creates more homes
- Expands access and opportunity
- Secures predictable housing investments

Carpooling available from Lake Harriet UMC. Please contact Mike Walker at retmicwalker@gmail.com if you have questions or would like a ride.



STUDENT REGISTRATION

To register, scan the QR code with your smartphone or tablet or visit

bit.ly/vbs-kids-register

JUNE 15-18

VBS Registration is open

It's that time of year again - time to sign up for this summer's **Vacation Bible School!** This year's theme is **"Illumination Station: Shining a Light on Who Jesus Really is."**

- Ages 4 years old through 5th grade (*going into 5th*).
- 9:00am-12:30pm
- Lake Harriet United Methodist Church
- Cost to families: Free

Note: The VBS group will start on time at 9:00AM and end on time at 12:30PM.

< Register today!

If you have any questions, please feel free to reach out to Pastor Bea at bea.mungania@lakeharrietumc.org



LEADER REGISTRATION (6 gr+)

To register, scan the QR code with your smartphone or tablet or visit

bit.ly/vbs-leader-register



JULY 12TH-16TH

STORM Camp

Lake Harriet UMC Youth in grades 7-9 are invited to STORM Camp this summer for the Middle School Mission Trip. The Grove United Methodist Church in Woodbury, MN will be hosting the camp.

Save the dates and register today!

- Camp dates: Sunday, July 12 - Thursday, July 16.
- Camp Venue: The Grove United Methodist Church in Woodbury
- Who: All youth in Grades 7-9 and their adult leaders/chaperones
- Youth will leave from Lake Harriet UMC at 2:30pm on July 12 and will return on Thursday, July 16 between 11am and Noon.



REGISTER:

stormcamp.org/registration

The required health form is located on the registration site to be downloaded and submitted.

We encourage you all to **register early** and take advantage of the early bird rates.

- Registration completed through March 15 is \$150.
- Registrations after March 16 will go up to \$175.

When you register, indicate Lake Harriet UMC is your congregation—this will help us to get the correct list of all registrants.

Thank you to all our families for helping our middle youth to register for this meaningful great camp.

If you have any questions, please feel free to reach out to Pastor Bea, at Bea.mungania@lakeharrietumc.org

Connect with Staff

Rev. Karen Bruins Pastor karen.bruins@lakeharrietumc.org

Rev. Beatrice Mungania Associate Pastor bea.mungania@lakeharrietumc.org

Søren Bijnagte Business Administrator & Facilities Manager soren.bijnagte@lakeharrietumc.org

Kay Halverson Office Administrator kay.halverson@lakeharrietumc.org

Thomas Johanson Bell Choirs Director thomas.johanson@lakeharrietumc.org

Tami Zvolena Communications communications@lakeharrietumc.org

Lorrie Sandelin Director of Engagement lorrie.sandelin@lakeharrietumc.org

Jungjoo Park Director of Music Ministries jungjoo.park@lakeharrietumc.org

Neva Tuzzolino LHUM Preschool Director ntuzzolino@lakeharrietumpreschool.org

Kevin Roles Building Maintenance kevin.roles@lakeharrietumc.org

Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ojibwe (commonly Dakota) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.



Address 4901 Chowen Avenue South, Minneapolis, MN 55410

Office Hours 9a–4p, Tuesday–Thursday

Connect 612.926.7645 | church@lakeharrietumc.org | lakeharrietumc.org