

**SUNDAY, FEBRUARY 15**

Walking with Jesus: A Journey Through Matthew



# The Great Commission

*Matthew 28:16-20*



Walking Together the  
Words and Ways of Jesus

# Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

If you are young or old, *you are welcome.*

If you have brown skin, black skin, white skin, or any color of skin, *you are welcome.*

If you are married or single, *you are welcome.*

If you are gay, straight, transgender-whatever pronouns you use, *you are welcome.*

If you are sick or well, *you are welcome.*

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and *you are welcome.*

If you sing like a rock star or an opera singer, or you can not sing at all, *you are welcome.*

Whenever you arrived and however you came here, *you are welcome.*

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, *you are welcome.*

Come with your gifts, your pain, your hope, your fears.

Come with traditions that have helped you and hurt you.

Come with your experiences that have made you and broken you.

Come with a mind, ready to engage, and a heart, open to discern.

Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

## You are welcome here!

*Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary*



# Connect with Us



## Let Us Know You Are Here

Please register your attendance through the welcome pad.



## Enewsletter

Stay informed by subscribing to our enews.



## Visit Us Online

Stay informed, register for ministry events, give online, and more.



## Prayer Requests

Let our staff pray for you and others in your life (prayers are confidential).



## Share your talents

The opportunities abound to help your community, find where you fit.



## WiFi

Access the church's WiFi with the password: LHUMCGuest.



## Hearing Enhancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.

# welcome to worship!

*Please note the following, the congregation reads/sings/prays the words in bold-faceprint and the ↑ symbol invites you to rise in body and/or spirit.*

## WELCOME

## ANNOUNCEMENTS

### ↑ UNISON PRAYER

Give us eyes to see, O God: to see as you see, and to see those people you see.  
Remind us that you have called us to be a sent-out people, not a stay-put people.  
Help us to move beyond the stained glass, into the world you love and for which Christ died. Amen.

## ↑ SONG

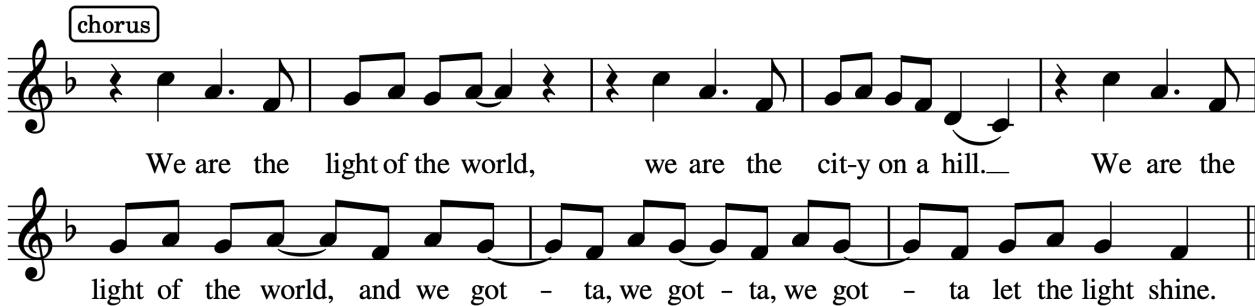
### We Are

Band: Ev'ry secret, ev'ry shame, ev'ry fear, ev'ry pain live inside the dark,  
but that's not who we are. We are children of the day.

So wake up, sleeper, lift your head. We were meant for more than this.  
Fight the shadows, conquer death, make the most of the time we have left.

All: (sing chorus twice)

chorus



We are the light of the world, we are the city on a hill. We are the light of the world, and we got - ta, we got - ta, we got - ta let the light shine.

Band: Let the light shine, let the light shine. Ooh.

We are called to spread the news, to tell the world the simple truth.  
Jesus came to save, there's freedom in His name, so let His love break through.

All: (sing chorus twice, then sing bridge)

bridge



We are the light, we are the light, we are the light, so let your light shine bright - er. We are the light, we are the light, we are the light. Je - sus, You are the light, You are the light, You are the light. We will lift You high and shine, shine, shine.

All: (sing chorus twice)

Band: Let the light shine, let the light shine.  
Let the light shine, let the light shine.

## SHARE A GREETING

### RAINBOW CHAT

Rev. Dr. Bea Mungania

**SONG****This Little Light of Mine**

1. This little light of mine, I'm gonna let it shine...
2. Hide it under a bushel? No! I'm gonna let it shine...

**SCRIPTURE**

Matthew 28:16-20

New Revised Standard  
Version Updated Edition*The Commissioning of the Disciples*

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him, but they doubted. And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

One: This is the Word of the Lord.

**All: Thanks be to God!**

**MESSAGE**

“Walking With Jesus: A Journey Through Matthew”

Week Seven - “The Great Commission”

Rev. Karen Bruins

**PRAYER BEFORE THE MESSAGE**

Pastor: May the words of my mouth

**All: and the meditations of our hearts be acceptable in your sight O Lord, our Rock, and our  
Redeemer.**

**PASTORAL PRAYER****THE LORD'S PRAYER**

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.**

**INVITATION TO GENEROSITY****OFFERING BOX**

is found in the back  
of the sanctuary

**GIVE ONLINE**

by visiting our website  
at [lakeharrietumc.org](http://lakeharrietumc.org)

**SCAN THE QR CODE**

with your  
smartphone camera

**MAIL IN TO**

4901 Chown Ave S  
Minneapolis, MN  
55410

**OFFERTORY**

Wake, Awake for Night is Flying

(arr. Ron Mallory)  
Festival Bells

## ↑ SONG

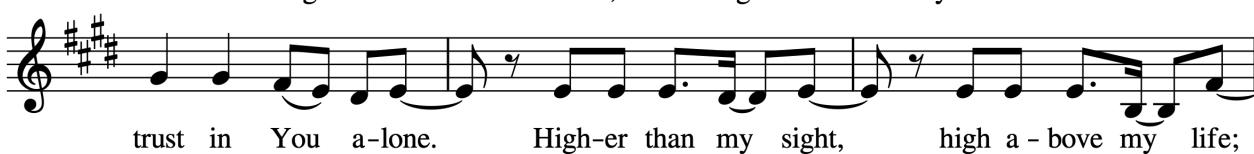
### I Will Follow

Band: Where You go I'll go; where You stay I'll stay;  
when You move I'll move, I will follow. Oh, oh, oh.

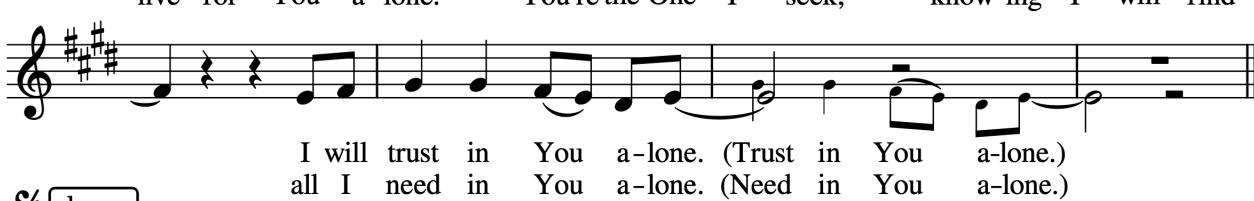
verses



1. All Your ways are good, all Your ways are sure; I will  
2. Light in - to the world, Light in - to my life. I will



trust in You a-lone. High-er than my sight, high a - bove my life;  
live for You a-lone. You're the One I seek, know-ing I will find



I will trust in You a-lone. (Trust in You a-lone.)  
all I need in You a-lone. (Need in You a-lone.)

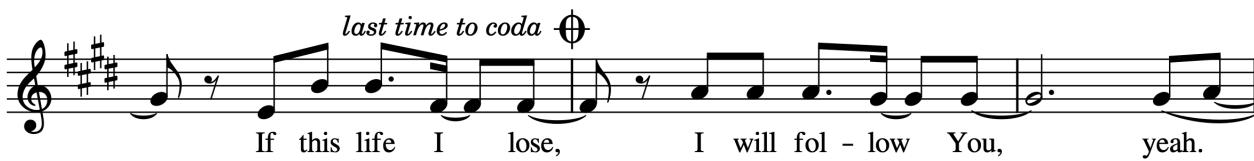
chorus



Where You go, I'll go; Where You stay, I'll stay; When You move, I'll move.



I will fol - low You. Whom You love, I'll love; How You serve, I'll serve;



last time to coda ♪  
If this life I lose, I will fol - low You, yeah.



I will fol - low You, yeah.



bridge  
In You, there's life ev-er-last-ing. In You, there's free-dom for my soul.



(back to chorus) D.S. al Coda  
In You, there's joy, un-end - ing joy; And I will fol - low.

∅ coda

I will fol - low. Where You go, I'll go; Where You stay, I'll stay;  
 When You move, I'll move. I will fol-low You. Whom You love, I'll love;  
 How You serve, I'll serve; If this life I lose, I will fol-low You.,  
 yeah. I will fol-low You, yeah. I will fol - low You,  
 yeah. I will fol - low You, yeah.

↑ BLESSING

POSTLUDE

# Worship Leaders

**Pastor:** Rev. Karen Bruins

**Associate Pastor:** Rev. Dr. Beatrice Mungania

**Director of Music Ministries:** Jungjoo Park

**Bell Choirs Director:** Thomas Johanson

**Musicians:** Festival Bells; Shout Band

**Scripture Reader:** Kim Grant

**Sound Technician:** Chad Johnson

**Streaming:** Michael Perry

**Slides:** Kari Cahn

**Greeters:** Jane Kammerman, Ken Larson, Lorrie Sandelin

**Hospitality:** Kristin Linder-Brown

**Table Art:** Katie Schneider Bryan

## Copyright Information

**We Are** Words and Music: Chuck Butler; Ed Cash; Hillary McBride; James Tealy. © 2011 Centricity Music Publishing; Hillary McBride Designee; All Essential Music; Wonder Down Under Music; Wondrously Made Songs; Curb Dayspring Music. All rights reserved. Reprint under CCLI License # 1628344.

**Wake, Awake, for Night Is Flying** Music: Ron Mallory ©2013 The Lorenz Publishing Corporation. All rights reserved. Streaming/Podcasting with OneLicense #A-725516.

**I Will Follow** Words and Music: Chris Tomlin, Jason Ingram, Reuben Morgan ©2010 SHOUT! Music Publishing; Sixsteps; Vamos Publishing; worshiptogether.com songs; So Essential Tunes; Spirit Nashville Three. All rights reserved. Reprint under CCLI License # 1628344.

# This Week at Lake Harriet

## SUNDAY FEB 15

- 9:30am Worship In-Person and Online
- 9:45am Godly Play (PreK - 3rd Grade) - Godly Play Room
- 9:45am 4th & 5th Grade Sunday School - Conference Room
- 10:45am Caregiver Support Group - Fireside Room
- 10:45am Children's Choir Rehearsal (PreK - 5th grade) - Sanctuary
- 10:45am We Cry Justice - Wesley Room
- 11:00am Science and Faith Book Study - Zoom
- 5:30pm Unleavened Bread Small Group - Fireside Room

## MONDAY FEB 16

- 7:00pm We Cry Justice Small Group - Zoom
- 7:00pm Theater Board Meeting - Fireside Room
- 7:00pm Outreach Team Meeting - Wesley Room

## TUESDAY FEB 17

- 10:00am Crafters (Knitting) Group - Commons
- 6:00pm Operations Team Meeting - Conference Room
- 7:00pm Men's Forum - Wesley Room
- 7:00pm SPRC Meeting - Fireside Room

## WEDNESDAY FEB 18

- 9:30am Groovy Grandparents - Fireside Room
- 2:00pm Ash Wednesday Service at the Waters
- 4:00pm Joyce Uptown Foodshelf Board Meeting - Fireside Room
- 5:00pm Lenten Soup Supper - Fellowship Hall
- 6:30pm Ash Wednesday Service

## THURSDAY FEB 19

- 10:00am Immigration Outreach & Support Group - Fireside Room
- 2:30pm Preschool Executive Board Meeting - Wesley Room

## SUNDAY FEB 22

- 9:30am Worship In-Person and On-line
- 9:45am Godly Play (PreK - 3rd Grade) - Godly Play Room
- 9:45am 4th & 5th Grade Sunday School - Conference Room
- 10:45am Children's Choir Rehearsal (PreK - 5th grade) - Sanctuary
- 10:45am We Cry Justice - Wesley Room
- 11:00am Science and Faith Book Study - Zoom



LENT 2026 FEB 18- APRIL 5

## Why Did Jesus Have to Die?

### The Meaning of the Crucifixion

(Resource: book by Adam Hamilton.)

The crucifixion of Jesus stands at the heart of the Christian faith, yet it raises profound questions that many believers grapple with: "Why did Jesus have to die?" "Did God need for Jesus to suffer?" "How does His death so long ago absolve us of our sins today?" If you've ever wondered about these questions, simply said "I believe in the crucifixion, I just don't fully understand it," or had questions about the significance of Jesus' death, join us over the next six weeks as we explore the various theories of atonement and seek to understand the meaning of the crucifixion.

**Feb. 18:** 6:30pm Ash Wednesday

**Feb. 22:** Week 1 - "The Crucifixion as God's Word"

**Mar. 1:** Week 2 - Communion Sunday "Penal Substitution or Selfless Offering"

**Mar. 8:** Week 3- "Passover, Covenant and Redemption"

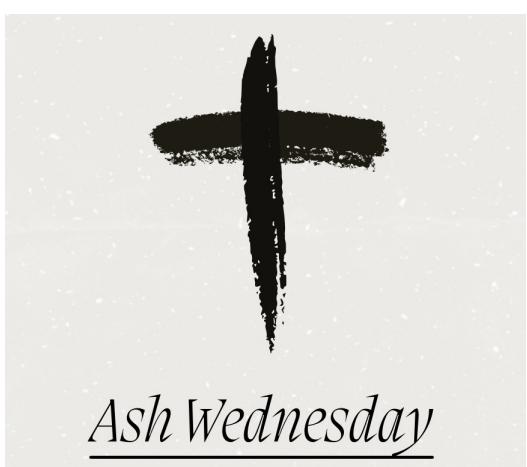
**Mar. 15:** Week 4 - Selfishness or Selflessness, "Why Did Jesus Have to Die?"

**Mar. 22:** Week 5 - "The Crucifixion and God's Love"

**Mar. 29:** Week 6 - Palm Sunday/Healing Prayers

**Apr. 3:** Good Friday- Communion

**Apr. 5:** Easter, "The Victory of Christ," no Communion  
9am and 11am Worship services



WEDNESDAY FEB 18 6:30PM

## Ash Wednesday Service

Please join us for the beginning of Lent at worship on February 18 at 6:30pm. Begin the evening with a Soup Supper in Fellowship Hall from 5pm - 6pm. Regularly scheduled music and youth programs will not be held on Ash Wednesday.

**All are welcome to join us.**



WEDNESDAYS DURING LENT 5:00-6:00PM

## Lenten Soup Suppers

Please join us for our Lenten Soup Suppers starting Ash Wednesday, February 18. O Soup will be providing soup, salad and bread. Beginning Feb. 25th, Pastor Karen will lead a devotional at 6pm for those who would like to stay after the meal! Cost is \$12 per person with a \$36 cap for families.

Please register using the QR code or visit [bit.ly/wednesday-suppers](https://bit.ly/wednesday-suppers)



FEBRUARY 22 12-2PM

## Youth Ice Skating

The Youth group is going ice skating! Youth and adults are welcome to join.

**When:** Saturday, Feb. 21, 12-2pm

**Where:** John Rose MN Oval in Roseville

**Cost:** \$9 to skate; \$5 to rent skates. Scholarships are available! Bring extra spending money for concessions!

**Carpool:** If you would like to carpool, plan to meet at church at 11:30am and will return by 2:30pm.

**< Register today!**

If you have any questions, please feel free to reach out to Pastor Bea at [bea.mungania@lakeharrietumc.org](mailto:bea.mungania@lakeharrietumc.org).



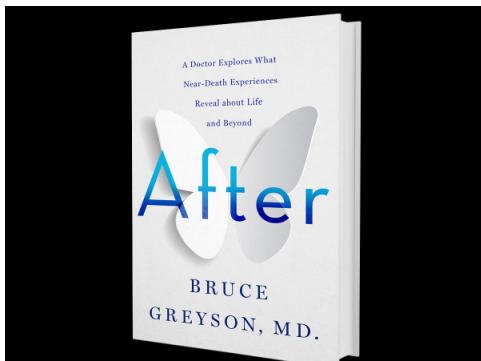
MARCH 1 DURING WORSHIP

## Third Grade Bibles

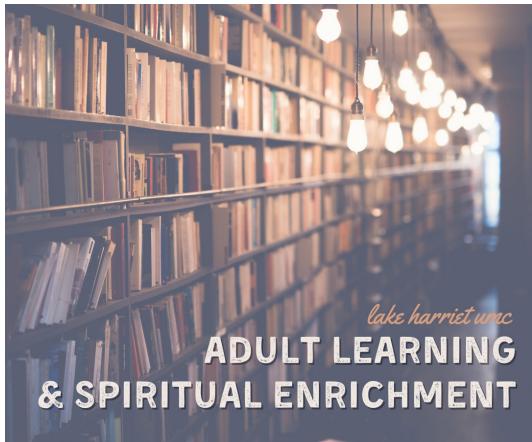
All Third graders, please join Pastor Bea and the Children Ministry Team during worship for the presentation of your Bibles! Also, all children in fourth grade and higher grade are welcome to join. We have Bibles for you all!

**Date:** Sunday March 1, 2026.

**Time:** During the Worship (Rainbow Chat Time)



**REGISTER** Scan the QR code or visit  
[bit.ly/science-faith-book-study-after](http://bit.ly/science-faith-book-study-after)



**SUNDAYS, 11AM-NOON.**

## Science and Faith Book Study

**Sundays, 11am-Noon (Zoom only)**

*Facilitators: Chris Dozier and Paul Glewwe*

The Science and Religion group will be reading *After* by Bruce Greyson. Please purchase a book via your favorite book seller.

*A Doctor Explores What Near-Death Experiences Reveal About Life and Beyond*

*Discover the dramatic first-person accounts of near-death experiences and the research behind them that are leading scientists to rethink the relationship between our brain and our mind, the nature of consciousness, and our understanding of life and death*

**ALSET - TWO SESSIONS - SUNDAYS & MONDAYS IN FEB**

## J is for Justice Book Club

We will begin a book/Bible study using the book, *We Cry Justice: Reading the Bible with the Poor People's Campaign* edited by Liz Theoharis, as our guide.

There will be two study sessions throughout February:

- **Sundays, 10:45am** in the Wesley room
- **Mondays, 7pm** by Zoom

No need to register, email [juliekonrady@gmail.com](mailto:juliekonrady@gmail.com) for the Zoom link. Books are available for \$15. Whether you attend or not, buy a book and study on your own.



## REGISTER

To register, scan the QR code with your smartphone or tablet or visit  
[bit.ly/beaconinterfaith\\_events](http://bit.ly/beaconinterfaith_events)

## BEACON INTERFAITH HOUSING COLLABORATIVE

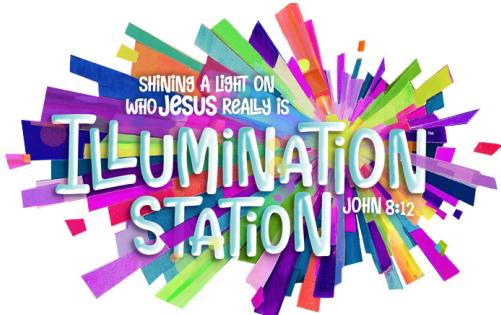
# Start With Home Rally

Join other members of Lake Harriet's Beacon Leadership Team at the *Start With Home Rally* on **Monday, Feb. 23rd from 10:00am - 11:30am** at the Minnesota State Capitol, 75 Rev. Dr. Martin Luther King Jr. Blvd, St. Paul, MN 55155

Beacon is joining with Habitat for Humanity, Minnesota Consortium of Community Developers, Minnesota Housing Partnership, Catholic Charities of the Twin Cities, and Our Future Starts at Home Campaign to advocate for legislation that:

- Saves and creates more homes
- Expands access and opportunity
- Secures predictable housing investments

Carpooling available from Lake Harriet UMC. Please contact Mike Walker at [retnicwalker@gmail.com](mailto:retnicwalker@gmail.com) if you have questions or would like a ride.



## STUDENT REGISTRATION

To register, scan the QR code with your smartphone or tablet or visit  
[bit.ly/vbs-kids-register](http://bit.ly/vbs-kids-register)

## JUNE 15-18

# VBS Registration is open

It's that time of year again - time to sign up for this summer's **Vacation Bible School! This years theme is "Illumination Station: Shining a Light on Who Jesus Really is."**

- Ages 4 years old through 5th grade (*going into 5th*).
- 9:00am-12:30pm
- Lake Harriet United Methodist Church
- Cost to families: Free

*Note: The VBS group will start on time at 9:00AM and end on time at 12:30PM.*

## < Register today!

If you have any questions, please feel free to reach out to Pastor Bea at [bea.mungania@lakeharrietumc.org](mailto:bea.mungania@lakeharrietumc.org)



## LEADER REGISTRATION (6 gr+)

To register, scan the QR code with your smartphone or tablet or visit  
[bit.ly/vbs-leader-register](http://bit.ly/vbs-leader-register)



JULY 12TH-16TH

## STORM Camp

Lake Harriet UMC Youth in grades 7-9 are invited to STORM Camp this summer for the Middle School Mission Trip. The Grove United Methodist Church in Woodbury, MN will be hosting the camp.

### Save the dates and register today!

- Camp dates: Sunday, July 12 - Thursday, July 16.
- Camp Venue: The Grove United Methodist Church in Woodbury
- Who: All youth in Grades 7-9 and their adult leaders/chaperones
- Youth will leave from Lake Harriet UMC at 2:30pm on July 12 and will return on Thursday, July 16 between 11am and Noon.



#### REGISTER:

[stormcamp.org/registration](http://stormcamp.org/registration)

The required health form is located on the registration site to be downloaded and submitted.

We encourage you all to **register early** and take advantage of the early bird rates.

- Registration completed through March 15 is \$150.
- Registrations after March 16 will go up to \$175.

When you register, indicate Lake Harriet UMC is your congregation—this will help us to get the correct list of all registrants.

**Thank you to all our families for helping our middle youth to register for this meaningful great camp.**

If you have any questions, please feel free to reach out to Pastor Bea, at [Bea.mungania@lakeharrietumc.org](mailto:Bea.mungania@lakeharrietumc.org)

---

## Connect with Staff

**Rev. Karen Bruins** Pastor [karen.bruins@lakeharrietumc.org](mailto:karen.bruins@lakeharrietumc.org)

**Rev. Beatrice Mungania** Associate Pastor [bea.mungania@lakeharrietumc.org](mailto:bea.mungania@lakeharrietumc.org)

**Søren Bijnagte** Business Administrator & Facilities Manager [soren.bijnagte@lakeharrietumc.org](mailto:soren.bijnagte@lakeharrietumc.org)

**Kay Halverson** Office Administrator [kay.halverson@lakeharrietumc.org](mailto:kay.halverson@lakeharrietumc.org)

**Thomas Johanson** Bell Choirs Director [thomas.johanson@lakeharrietumc.org](mailto:thomas.johanson@lakeharrietumc.org)

**Tami Zvolena** Communications [communications@lakeharrietumc.org](mailto:communications@lakeharrietumc.org)

**Lorrie Sandelin** Director of Engagement [lorrie.sandelin@lakeharrietumc.org](mailto:lorrie.sandelin@lakeharrietumc.org)

**Jungjoo Park** Director of Music Ministries [jungjoo.park@lakeharrietumc.org](mailto:jungjoo.park@lakeharrietumc.org)

**Neva Tuzzolino** LHUM Preschool Director [ntuzzolino@lakeharrietumpreschool.org](mailto:ntuzzolino@lakeharrietumpreschool.org)

**Kevin Roles** Building Maintenance [kevin.roles@lakeharrietumc.org](mailto:kevin.roles@lakeharrietumc.org)

## Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ocheti Sakowin (commonly Dakotah) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.



**Address** 4901 Chowen Avenue South, Minneapolis, MN 55410

**Office Hours** 9a-4p, Tuesday–Thursday

**Connect** 612.926.7645 | [church@lakeharrietumc.org](mailto:church@lakeharrietumc.org) | [lakeharrietumc.org](http://lakeharrietumc.org)