

SUNDAY, AUGUST 2

ASP Sunday



lake harriet
UNITED METHODIST CHURCH

Walking Together the
Words and Ways of Jesus

Inclusive, Intergenerational, and In Community

Walking together the words and ways of Jesus. We welcome all God's children whatever their race, gender, age, sexual orientation, gender identity, nationality, ethnicity, marital status, physical or mental ability. Following Christ's example, we open our hearts, minds, and doors to welcome all.

If you are young or old, *you are welcome.*

If you have brown skin, black skin, white skin, or any color of skin, *you are welcome.*

If you are married or single, *you are welcome.*

If you are gay, straight, transgender-whatever pronouns you use, *you are welcome.*

If you are sick or well, *you are welcome.*

If you are a perfect person, then you probably don't need a church, but if you are like us and are imperfect, mistake-making, still-trying, need all the encouragement I can get kind of person, then this is a community for you and *you are welcome.*

If you sing like a rock star or an opera singer, or you can not sing at all, *you are welcome.*

Whenever you arrived and however you came here, *you are welcome.*

If you believe in God some of the time or all of the time, or you're just beginning to explore who God is, *you are welcome.*

Come with your gifts, your pain, your hope, your fears.
Come with traditions that have helped you and hurt you.
Come with your experiences that have made you and broken you.
Come with a mind, ready to engage, and a heart, open to discern.
Come and listen for the Holy Spirit that calls you to love your neighbor wholeheartedly, seek justice, create peace and practice compassion.

You are welcome here!

Adapted from a welcome by Gordon Brown, published in Shaping Sanctuary

No matter
who you are
or where you
are on
life's journey,
you are
welcome here.



Connect with Us



Let Us Know You Are Here

Please register your attendance through the welcome pad.



Enewsletter

Stay informed by subscribing to our enews.



Visit Us Online

Stay informed, register for ministry events, give online, and more.



Prayer Requests

Let our staff pray for you and others in your life (prayers are confidential).



Share your talents

The opportunities abound to help your community, find where you fit.



WiFi

Access the church's WiFi with the password: LHUMCGuest.



Hearing Enhancement Aids

T-coil hearing assistance is available throughout the Sanctuary. Turn your hearing aid to the T (telephone) position or see a sound team member at the back of the sanctuary for wireless headphones.

welcome to worship!

Please note the following, the congregation reads/sings/prays the words in bold-faceprint and the ↑ symbol invites you to rise in body and/or spirit.

WELCOME

ANNOUNCEMENTS

↑ CALL TO WORSHIP

Based on Romans 12:12–13

One: We come together with hearts full of hope.

All: We rejoice because God is at work in the world.

One: We gather with gratitude for those who have served, those who have welcomed, and those whose lives have been touched by love.

All: We rejoice in hope, are patient in suffering, and persevere in prayer.

One: Christ calls us to share with those in need and to practice hospitality.

All: When we serve our neighbors, we discover Christ already waiting there.

One: Today we give thanks for the witness of our youth, for the people they met, the work they shared, and the ways God has changed them.

All: May their stories inspire us to love more deeply, serve more faithfully, and follow Christ more boldly.

One: Come, let us worship the God who sends us into the world and brings us home with stories of grace.

All: Let us worship God!

verse

1. In my wres-ting, and in my doubts, in my fail-ures, You
 2. In the si-lence, You won't let go. In the ques-tions, Your
 3. I won't fear what to-mor-row brings. With each morn-ing, I'll

won't walk out. Your great love will lead me through;
 truth will hold. Your great love will lead me through;
 rise and sing. My God's love will lead me through;

You are the peace in my trou-bled sea, whoa oh, You are the peace in my

1. 2, 3. **chorus**

trou-bled sea. (to v. 2) (to chorus) My Light-house,

my Light-house, shin-ing in the dark-ness, I will fol-low You! Oh,——

my Light-house, my Light-house, I will trust the prom-ise:

You will car-ry me safe to shore, safe to shore,

safe to shore, (last time, end) safe to shore. 1. D.C. 2. (to v. 3) (to bridge)

bridge

Fire be-fore us, You're the bright-est. You will lead us

1, 3 2. 4. D.S. al Fine

Through the storms. Through the storms. Hey! Through the storms. (to chorus)

SONG

I Can Pray



When I wake up in the morn-ing light, I can pray, yes, I can pray. I talk to

Je-sus; He hears my voice eve-ry day, yes, eve-ry day. I can pray, I can pray an-y-

time, an - y - where. I can pray, I can pray. Je-sus hears me when I pray.

SCRIPTURE

Romans 12:12-13

Contemporary English Version

Let your hope make you glad. Be patient in time of trouble and never stop praying. Take care of God's needy people and welcome strangers into your home.

One: This is the Word of the Lord.

All: Thanks be to God!

ASP REFLECTIONS

INVITATION TO GENEROSITY



OFFERING BOX

is found in the back of the sanctuary



GIVE ONLINE

by visiting our website at lakeharrietumc.org



SCAN THE QR CODE

with your smartphone camera



MAIL IN TO

4901 Chowen Ave S
Minneapolis, MN
55410

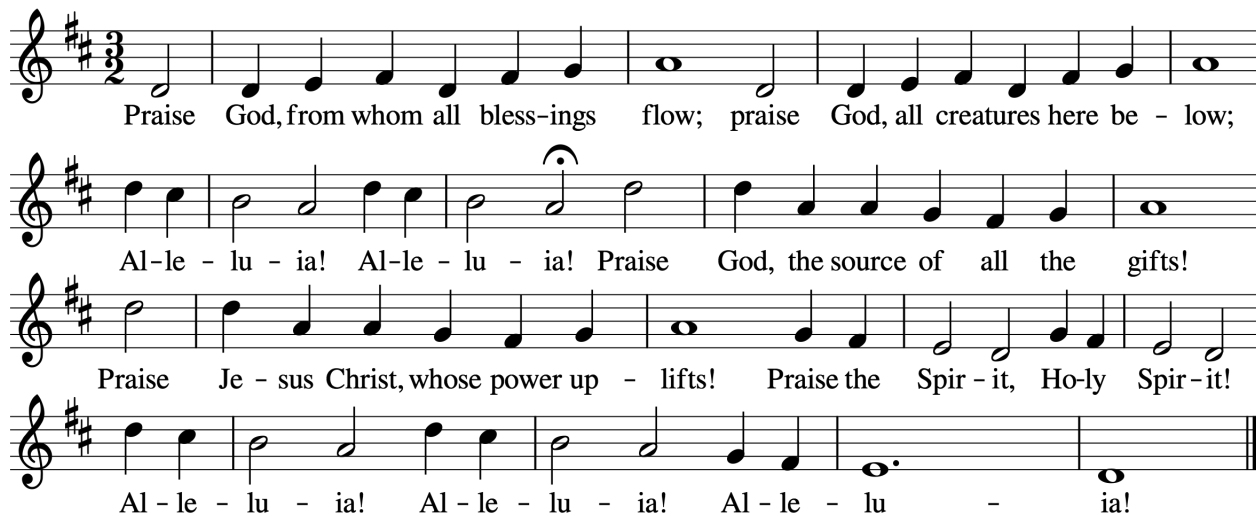


ASP GAS COSTS

OFFERTORY

Take My Life, That I May Be

(arr. Mark Sedio)
Sanctuary Choir Ensemble



THE SACRAMENT OF THE LORD'S SUPPER

Great Thanksgiving - *Serving Christ by Serving Others*

One: The Lord be with you.

All: And also with you.

One: Lift up your hearts.

All: We lift them up to the Lord.

One: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

One: It is right, and a good and joyful thing,
always and everywhere to give thanks to you,
Almighty God, Creator of heaven and earth.

You formed us in your image
and called us to love our neighbors as ourselves.
Again and again you sent prophets and teachers
to remind your people that true worship
is joined with acts of mercy,
justice, compassion, and hospitality.

When the world was broken,
you sent your Son, Jesus Christ,
not to be served but to serve,
to welcome the stranger,
to touch the outcast,
to feed the hungry,
to heal the sick,

and to proclaim your kingdom of hope.
 And so,
 with your people on earth
 and all the company of heaven,
 we praise your name and join their unending hymn:

SANCTUS

Ho - ly, ho - ly, ho - ly Lord; God of power and might._____

Heav - en and earth are full of your glo - ry._____

Ho - san - na in the high - est! Ho - san - na in the high - est!

Ho - san - na in the high - est!_____ Blest is the one who

comes_____ in the name of the Lord._____ Ho - san - na in the high - est!

Ho - san - na in the high - est! Ho - san - na in the high - est!_____

One: Holy are you, and blessed is your Son, Jesus Christ.

He knelt to wash his disciples' feet.
 He welcomed children.
 He fed the hungry.
 He crossed every boundary of fear and division.
 He taught us that greatness is found in serving
 and that love is strongest when it is shared.

On the night in which he gave himself up for us,
 he took bread, gave thanks to you, broke the bread,
 gave it to his disciples, and said:

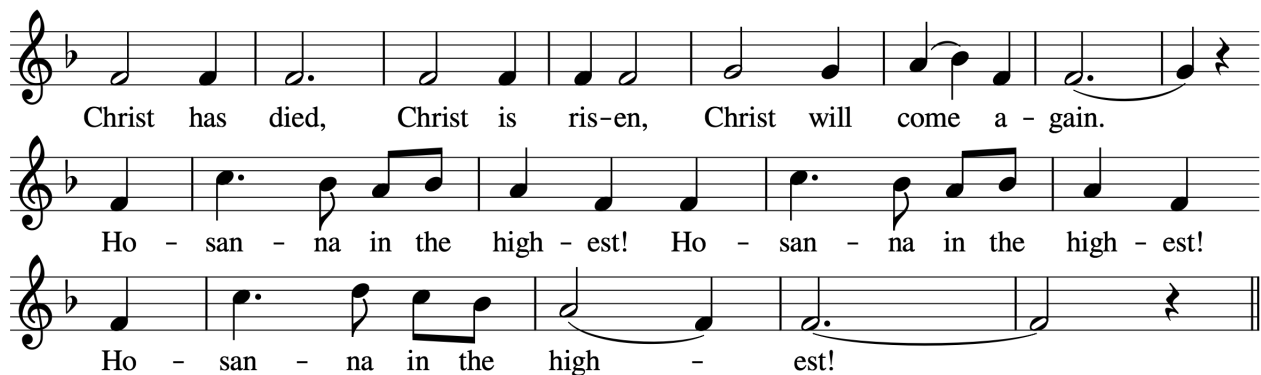
“Take, eat; this is my body which is given for you.
 Do this in remembrance of me.”

When the supper was over, he took the cup,
gave thanks to you, gave it to his disciples, and said:

“Drink from this, all of you;
this is my blood of the new covenant,
poured out for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.”

And so,
in remembrance of these your mighty acts in Jesus Christ,
we offer ourselves in praise and thanksgiving
as a holy and living sacrifice,
in union with Christ’s offering for us,
as we proclaim the mystery of faith:

MEMORIAL ACCLAMATION



Pour out your Holy Spirit on us gathered here,
and on these gifts of bread and cup.

Make them be for us the body and blood of Christ,
that we may be for the world the body of Christ,
redeemed by his blood.

By your Spirit,
make us people who rejoice in hope,
are patient in suffering,
and persevere in prayer.

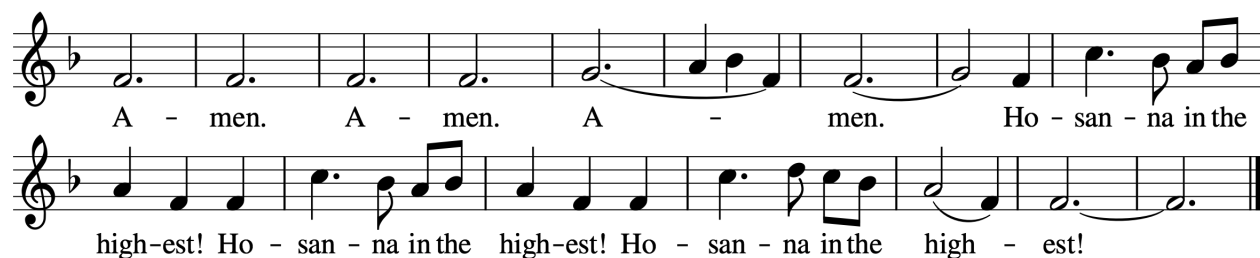
Open our hands to share with those in need.
Open our homes and hearts in hospitality.
Give us the courage to serve with humility,
to love without counting the cost,

and to recognize Christ
in every neighbor we meet.

Until that day
when people from every nation, tribe, and tongue
gather at your heavenly banquet,
keep us faithful in your service.

Through your Son Jesus Christ,
with the Holy Spirit in your holy Church,
all honor and glory is yours,
Almighty God,
now and forever.

THE GREAT AMEN



THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

COMMUNION HYMN

I Come with Joy

UMH 617

↑ HYMN

They'll Know We Are Christians by Our Love

1. We are one in the Spir - it, we are one in the Lord,
 2. We will walk with each oth - er, we will walk hand in hand,
 3. We will work with each oth - er, we will work side by side,
 4. All — praise to the Fa - ther, from — whom all things come,

we are one in the Spir - it, we are one in the Lord,
 we will walk with each oth - er, we will walk hand in hand,
 we will work with each oth - er, we will work side by side,
 and all praise to Christ Je - sus, God's — on - ly — Son,

and we pray that all u - ni - ty may one day be re - stored.
 and to - geth - er we'll spread the news that God is in our land:
 and we'll guard hu - man dig - ni - ty and save — hu - man pride:
 and all praise to the Spir - it, who — makes — us — one:

Refrain

And they'll know we are Chris-tians by our love, by our love;
 yes, they'll know — we are Chris-tians by our love. —

↑ BLESSING

Based on Romans 12:12–13

Go now with hope that cannot be shaken.
 Be patient when the road is difficult.
 Persevere in prayer, trusting that God walks beside you every step of the way.
 Share what you have with those in need.
 Practice hospitality wherever you go,
 remembering that every person you meet is a beloved child of God.
 May the stories you've heard today remind you that Christ is already at work in the world, inviting
 each of us to join in God's work of love, mercy, and justice.
 And may the blessing of God—Creator, Redeemer, and Sustainer—be with you,
 remain with you, and shine through you, today and always.
Amen.

POSTLUDE

Take Me Home, Country Roads

Worship Leaders

Pastor: Rev. Karen Bruins

Director of Music Ministries: Jungjoo Park

Musicians: Sanctuary Choir Ensemble; John Babbs, drums; Alan Husby, guitar

Scripture Reader: Eli Hagan

Communion Prep and Servers: Mary Yee, Javy & Alejandro Sesma,
Malati & Amanda Niskode-Dossett, Soren & Otto Bijnagte

Streaming: Michael Perry

Slides: Kim Boisvert

Greeters: Jane Kammerman, Ken Larson, Aimee Garofalo

Hospitality: Erika & Curt Soderberg, Verne Niemeier

Table Art: Katie Schneider-Bryan

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They'll Know We Are Christians by Our Love Words and Music: Peter Scholtes ©1966 The Lorenz Publishing Corporation. All rights reserved. Reprint under ONE LICENSE #A-725516.

SUNDAY TO SUNDAY

This Week at Lake Harriet

SUNDAY AUGUST 2

9:30am Worship In-Person and Online - ASP Sunday, Communion Sunday
10:45am Caregiver Health Meeting
11:00am Worship at the Waters

MONDAY AUGUST 3

7:00pm We Cry Justice Study Group - Zoom

TUESDAY AUGUST 4

10:00am Crafters (Knitting) Group - Commons
7:00pm Men's Forum - Wesley Room

THURSDAY AUGUST 6

7:00pm UWF Bookclub - Commons

SUNDAY AUGUST 9

9:30am In-person and Online worship



DONATE TO HELP GAS COSTS
by scanning the QR code

ASP MISSION TRIP JULY 18-26

ASP Sunday & Gas Help

The youth are excited to share with you their details of their amazing mission trip to West Virginia on this Sunday.

As you are aware, gas prices are really high. The high cost is impacted the cost of our trip to ASP (Appalachian Service Project). Would you be able to help recoup the cost of gas? We served in Kanawha County, West Virginia and the team traveled 900+ miles to get there, made daily drives to the work sites, and traveled 900+ miles back to Mpls.

We appreciate any help you can provide!



AUGUST SERMON SERIES

Wild Creatures

Scripture is full of creatures who carry wisdom: lions, sparrows, a donkey, sheep, and ravens. This August, we'll listen for what they teach us about courage, worth, appearances, belonging, provision, and God's persistent love.

- **August 9:** Sparrows - You Are Not Forgotten, Rev. David McBride
- **August 16:** Donkey - When God Uses a Donkey, Rev. Karen Bruins
- **August 23:** Lion - Faith When You're Surrounded, Rev. Dan Schneider-Bryan
- **August 30:** Ravens - Provided and Given Rest, Rev. Karen Bruins
- **September 6:** Sheep - The Voice that Leads You Home, Rev. Karen Bruins



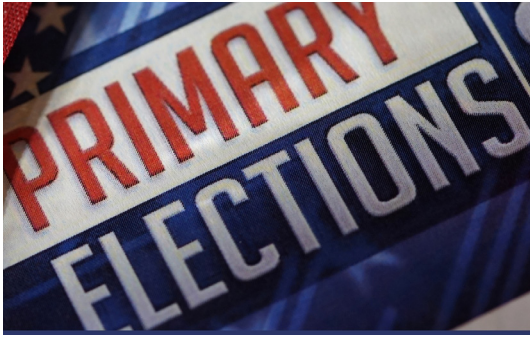
DROP OFF BY AUGUST 16* (*NEW DATE)

Backpack Drive for Emerson Village

The Lake Harriet Outreach and Beacon Leadership Teams are sponsoring a backpack drive for the youth and children of families living at Beacon's Emerson Village. We have pledged to provide 70 backpacks, with 20 for more high school/middle school aged students and 50 for elementary school students.

Watch for the display in the gathering space. Just take a tag (or a few tags), purchase the type of backpack indicated, and then return the backpacks by August 16th.

Also, Lake Harriet UMC is providing volunteers to serve food or help with crafts at the Emerson Village Back-to-School event on Thur. Aug. 27th from 1- 4pm, Lake Harriet volunteers needed from 12 to 5pm, and may be working in two shifts. Please contact Lorrie Sandelin, lorrie.sandelin@lakeharrietumc.org, or Lauren Braswell, l_braswell@comcast.net, if you have questions and/or can help at the Aug. 27th event.



AUGUST 11

Share Hospitality

with Our Community on Primary Election Day!

On Primary Election Day, our church will once again open its doors as a polling place, welcoming neighbors from throughout our community. We'd love your help in extending a warm Lake Harriet UMC welcome!

We're looking for volunteers to serve coffee, cookies, and smiles to voters throughout the day. This simple act of hospitality is a wonderful way to share kindness, build community, and let people experience the welcoming spirit of our church.

Whether you can serve for an hour or a longer shift, your presence will make a difference. It's an easy and meaningful way to offer hospitality to our neighbors as they exercise their right to vote.

If you're interested in volunteering, contact Lorrie Sandelin to sign up for a time slot.

Thank you for helping us create a warm, welcoming space for everyone who walks through our doors!



United
Women
in Faith



UNITED WOMEN IN FAITH

Garden Party and Afternoon Tea

Grab A Hat, A Friend Or Come as You Are! All Lake Harriet Women are invited to the Fourteenth Annual UMW Women's Garden Party and Afternoon Tea!

When: Thursday, August 13, anytime between 4-7pm
***Alternate weather date will be Thurs. Aug. 20, 4-7pm.*

Where: Stacey and Forrest Edwards Home,
5548 Aldrich Ave S., Minneapolis MN

Women of all ages and life stages are warmly invited to attend. Come relax, connect, and enjoy meaningful time with familiar faces and new ones you'd love to get to know. *New this year, between 5-6 pm we will have a lesson on how to arrange a beautiful bouquet, supplies will be available for everyone to make and take a bouquet home with them.*

There will be traditional tea treats, sweets, beverages, fascinating people and a flower arranging! RSVP's are requested but not required. (RSVP's help us plan for enough food and flower supplies) Please RSVP by August 9, you can RSVP on Sunday mornings at the sign-up table or contact Lorrie Sandelin at Sandelin.lorrie@gmail.com or 612-508-5503.

**REGISTER**

by scanning the QR code or by visiting
bit.ly/Youth-golf-kickoff

AUGUST 15 11AM

Youth Ministry Kick-Off Planning Event!

Calling all youth and parents—we need YOU!

It's time to make plans for the upcoming Youth Ministry year, and we want your ideas to help shape all the fun, faith, friendships, and service we'll share together.

Join the Youth Ministry Team for a fun kick-off event!

Date: August 15, 2026

Time: 11:00am for mini golf and then to LHUMC for pizza and planning

Meet at: Puttshack in Edina

We'll start with a round of mini golf at Puttshack, then head back to Lake Harriet United Methodist Church for pizza and a planning session where everyone gets a chance to share ideas for the year ahead. Carpool from church around 10:40ish for anyone who needs a ride or meet at Puttshack at 11. Parents can plan on picking up kids at church by 2:00 pm.

Whether you have one great idea or a whole notebook full of them, we want to hear your voice! Tell us what activities, service projects, retreats, outings, and events you'd love to see this year.

Please note: Reservations are required for mini golf, so be sure to RSVP by August 9, 2026.

Come for the golf, stay for the pizza, and help us create an amazing year of Youth Ministry together. We can't wait to hear your ideas and build this year with you!

Questions? Contact Lorrie Sandelin at
lorrie.sandelin@lakeharrietumc.org

Connect with Staff

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Buffy Ess LHUM Preschool Director bess@lakeharrietumpreschool.org

Kevin Roles Building Maintenance kevin.roles@lakeharrietumc.org

Land Acknowledgement

Lake Harriet United Methodist Church is located on the land of the Wahpekute, one of the seven council fires of the Ojibwe (commonly Dakota) peoples. We recognize and pay tribute to the indigenous people who called this land home for centuries before us.



Address 4901 Chowen Avenue South, Minneapolis, MN 55410

Office Hours 9a–4p, Tuesday–Thursday

Connect 612.926.7645 | church@lakeharrietumc.org | lakeharrietumc.org